ADHYATMIK VISHWA VIDYALAYA (A.I.V.V.)

God's Unique Plan for World Renewal

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(1) Who am I? :-

The body is separate and the soul is separate and the combination of both becomes a living creature (*jiivaatmaa*), a living soul (*jiivit aatmaa*). 'Living soul' means the sentient power that works with the body. In other words, neither the soul nor the body can work [separately]. This is compared to a car and its driver. For example, there is a car. If there is a driver in it, it will move. If there is no driver, the car won't move. It means that the soul... (A brother said: It is air.) It is not air. Earth, water, air, fire and sky, these five inert elements that form the body are different. Even when the soul leaves the body made of these five elements, the five elements remain in it. They are either burnt or buried in the earth. Those are inert elements but what is the soul that is different from the body? It is a very subtle point of light (jyotirbindu), an embodiment of the mind and intellect. It is described in the Gita as: 'anoraniyaansamanusmaret yah' (Ch.8, shloka 9). It means, it is said to be minute than even an atom. It is an atom but it is luminous. That sentient atom in the form of the mind and intellect contains the sanskaars¹ of many births. The mind and intellect itself is called soul. It is also mentioned in a ricaa (verse) of the Vedas: 'manarev aatmaa', meaning, the mind itself is called the soul. When a person leaves his body meaning when a soul leaves its body, it is not said that the soul has left but the mind and intellect remain. When everything [else] exists, but the power of the mind and intellect has left, it means the soul has left.

Actually, the other name for the power of the mind and intellect itself is soul. Sanskaars of the present birth and past births are recorded in the mind and intellect. The meaning of sanskaar is, the influence [on the soul] [or imprint] of good and bad deeds that are performed is called 'sanskaar'. Suppose, a child is born in a butcher's family. [He has seen] the slaughtering of cows there since his childhood. On growing up, when that child is told that slaughtering cows is a serious sin, it will not sit in his intellect because his sanskaars [of killing cows] have become

¹ A trait remaining in the soul as the result of deeds performed

strong. In this way, *sanskaars* is the third thing. So, the soul is the combination of these three powers: the mind, intellect and *sanskaars*.

(2) The three worlds :-

From where did the soul come into this world? Insects, animals, birds and moths; all these are actually souls. There is a soul in each of them. In this picture (the picture of the three worlds), this is the earth and these are the sun, the moon, stars and the sky element (space). There is a shloka (verse) in the Gita in which God has told Arjuna about where He lives: 'Na tad bhaasayate suuryo na shashaanko na paavakah. Yad gatwaa na nivartante tad dhaama paramam mama.' (Ch.15, shloka 6) It means, 'I am a resident of the place where the light of the sun, the moon and stars does not reach, where the light of the fire does not reach. [After reaching that Abode, the souls do not return (to this sorrowful world).] That is My Abode which is the most beyond. This *shloka* proves that God is the resident of the Supreme Abode (*Paramdhaam*) and He is not omnipresent. Here, it is proved that beyond the world of the five elements, there is another unique, always illuminated sixth element, the Brahmalok. It is called 'the Supreme Abode' in English. The Muslims call it 'arsh'; [they say:] 'Khudaa arsh mein rahtaa hai, farsh mein nahi' (God lives in the highest heaven, not on land). But now, they too have started believing God to be omnipresent [and say:] 'khuda zarre-2 mein hai²'. The Jains believe it to be the 'turiya dhaam' (the Unique Abode). It means, all the religions believe in [the existence] of that Abode. All of us souls are the residents of that Supreme Abode where the Supreme Soul, the Point of light, whom the Hindus call 'Shiva' also resides. He is beyond the cycle of birth and death. All the remaining souls come in the cycle of birth and death. What is the order of the positioning of those souls in the Supreme Abode? The more the soul performs elevated deeds after coming to this world, it will stay closer to the most beyond Shiva to that extent. The more the soul performs lowly deeds or plays an inferior role, it will be [positioned] below to that extent. There are more of such souls. There are more souls who perform wicked actions and less deity souls who perform elevated actions; they are said to be 330 million. Those whose number continues to become small towards the top are the elevated souls.

At the beginning of the Golden Age, when the new world recurs, the Golden Age, the Silver Age, the Copper Age and the Iron Age grow older one after the other. Everything in the world passes through four stages. Just like, the childhood is satopradhaan³, adolescence is satosaamaanya⁴, adulthood is rajopradhaan⁵ and the old age [is tamopradhaan⁶]; then he is finished. The same principle applies to the world as well. It passes through these four stages. The satopradhaan world is called 'the Golden Age', the rajopradhaan world is called 'the Copper Age', and the tamopradhaan world is called 'the Iron Age'. The order of the descent of the souls from the *Brahmalok* is that the more elevated a soul is, the more elevated is the age in which it descends. The souls that are complete with 16 celestial degrees descend in the beginning of the Golden Age, the souls that are complete with 14 celestial degrees descend in the beginning of the Silver Age, the souls that are complete with eight celestial degrees descend in the Copper Age and from the Iron Age, [the stage of being] devoid of celestial degrees begins. The souls that are devoid of celestial degrees (kalaahiin) and whose only religion (temperament) is to give sorrow to others, it has been mentioned about them in the Gita: "muurhaa janmani janmani⁷" (Ch.16, shloka 20). They are born in hell. Those most degraded souls come at the end of the Iron Age, when all the souls have descended; they don't find a way to return [to the Supreme Abode],

² God is present in every particle

³ Consisting in the qualities of goodness and purity

⁴ Where there is ordinary goodness and purity

⁵ Dominated by the qualities of activity and passion

⁶ Dominated by darkness and ignorance

⁷ [O son of Kunti!] The ignorant ones, [who are born as human beings with Iron Age demonic traits] in every birth, [do not find Me; instead, they keep degrading gradually].

instead, they repeatedly come in the cycle of birth and death here (in this world) itself and they become *taamasi*⁸ by experiencing pleasures through the body.

[Suppose] there is a seed, when it is sown many times, it loses its power. It produces small leaves, small fruits, and small tree [grows from that seed] and finally, it stops producing fruits. Similar is the account of the souls, that once they have descended from above, they keep degrading. Consider the history of 2500 years ago meaning, the last half of the world. Has happiness and peace in the world been changing into sorrow and restlessness or has the happiness and peace kept increasing? What does the history say? As the population increased, the souls kept descending from above. Therefore, because of the growth in population, sorrow and restlessness in the world is bound to increase; [and] it continued to increase. Finally, this [series] reaches the extremity when all the souls have descended. The number of insects, animals and birds, moths, microbes is continuously increasing in the world. So many insecticides are sprayed in India and abroad, still no decline is being noticed in their number. There is a continuous growth in the number of flies and mosquitoes. After all, where are these souls coming from? The answer to it is according to the Gita itself, but no one has clarified it. Now it is becoming clear that these souls are coming from that Soul World and they keep playing their role, by coming in the cycle of birth and death in this very world.

(3) The Supreme Father Supreme Soul Shiva and His Divine tasks:-

When almost all the souls have descended from the Soul World to this world, then, just a little before the end period, the Supreme Father Supreme Soul Shiva comes to this world and [enters the bodies] of the hero and heroine actor souls of this stage like world. They will definitely be some [souls who play that role]. Certainly, there are good and bad actors; so, there will be some who play the most elevated role on this stage like world. The English people call them 'Adam and Eve', the Muslims call them 'Aadam and Havva' and it is said among the Hindus: 'twamaadidevah purushah puraanah, twamasya vishwasya param nidhaanam' (Ch.11, shloka 38). They are the beginning of the world. No one has mentioned anything about their origin, since when are Aadishakti (the first female deity) and Adidev (the first male deity) existing? Who are the ones to give birth to them? No one knows this at all. In the Hindu tradition, they are called Shankar and Parvati and among the Jains, they are called 'Adinath and Adinathini'. Just see, there is so much similarity in the words!

At first, there was only one religion in the world and unity prevailed there. Such unity can be established, the feeling of 'the entire world is a family (Vasudhaiva Kutumbakam)' can arise only when the entire world accepts only one couple as their parents. So, that Supreme Father Supreme Soul Shiva comes and uplifts the souls who play the roles of the hero and heroine (Ram and Krishna) on this stage like world. They are not in the form of Ram and Krishna in the last birth of the cycle of their 84 births, because the kingdom of Krishna or Narayan complete with 16 celestial degrees was in the Golden Age (Satyug) and the kingdom of Ram was in the Silver Age (Treta). Those very souls degrade while passing through the cycle of birth and death and exist somewhere in the form of human beings like us. The Supreme Father Supreme Soul Shiva enters those human beings. Just as a word has been mentioned in the Gita, 'praveshtum' (Ch.11, shloka 54), [which means,] 'I am capable of entering'. Who? That Supreme Soul Shiva, who is beyond the cycle of birth and death, enters and first plays the role of the Mother through Krishna alias Dada Lekhraj; in our Indian tradition, he is named 'Brahma'. 'Brahm' means senior and 'maa' means mother. It is the mother who tolerates the most in the world. The Supreme Father Supreme Soul also first plays the role of the mother in reality when He comes in this world. For this reason, songs are sung in His praise in our Indian tradition: 'twameva mata ca pita twameva...' (You alone are the Mother and the Father). He gives so much love that the demons become habituated to receiving boons from Him. The mother's nature is such that she would never want to move her child away from her lap, no matter if he is a leper, one-eyed, hunch-

⁸ Degraded

⁹ You are the first deity, the first man, and the supreme support of this world

backed, thief, dacoit¹⁰, or a depraved child (*lucca-lafangaa*). The father will say [to the child]: Just get out! But the mother will not move [her child] away from her lap. In the same way, Brahma's role is [played] first in this world.

The vani which the Supreme Father Supreme Soul Shiva narrates after entering Brahma is named 'murli'. Why was it named 'murli'? All of us know that a flute (murli) is shown in Krishna's hands. So, we considered it to be a flute made of bamboo. But it is a symbolic, figurative and metaphorical language of the poets that they have used in the Bhagwad and Mahabharata (Hindu scriptures). Its real meaning is that the love that the Supreme Father Supreme Soul gives, the sweet vani that He narrates first of all through the mouth of Brahma, meaning through the soul of Krishna with a child like intellect when He comes to this world in the end of the Iron Age, people like it so much that when they understand what it means, they don't find any other tune in the world sweeter and melodious to that extent. That is why it has been named 'the sweet Gita'. Gita or the most elevated book (granth), which is the topmost book of Bharat (India), 'the crown jewel among all the scriptures (sarvashaastra shiromani Gita)', it is called murli. So, the Supreme Father Supreme Soul comes and narrates this knowledge through the body of Brahma, the wooden flute¹¹. In the form of the mother, He gives birth to the Brahmins. It has been written in the scriptures that Brahmins emerged from the mouth of Brahma. So, we think that there must be some kind of magic in the mouth [of Brahma] so that when he opened his mouth, Brahmins came out of it. But nothing like that happens. It is this very old Iron Age world [and] the Supreme Father Supreme Soul comes in this very old world, enters the body of Brahma and narrates the basic knowledge which can be understood by the human beings with a child like intellect. After listening to that knowledge, those who better their life, reform it, it is they who acquire the sanskaars of Brahmins. In this way, the Brahmins who are born through the mouth of Brahma are called Brahma Kumars or Brahma Kumaris (sons and daughters of Brahma). This is about the beginning of the new world, which is repeating now again after 5000 years.

This task started in Mount Abu. Shiva comes in a secret form. Just like it has been said in the Gita, "Ignorant people aren't able to recognize Me, the Supreme Father Supreme Soul, who has come in an ordinary body." So the form of Brahma that is shown to you here, this personality has existed in practice. The Supreme Father Supreme Soul Shiva had enabled the establishment of Brahmins of lower categories through Brahma in Mount Abu. His real name was Dada Lekhraj. He was a resident of Sindh Hyderabad, a Sindhi Brahmin through whom this task was accomplished. Now, numerous Brahma Kumari ashrams have opened in India and abroad. It is certainly not in the power of an ordinary soul to make such a great establishment within 70-75 years. The Supreme Father Supreme Soul Shiva Himself gives the name 'Brahma' to Krishna's soul alias Dada Lekhraj and when He establishes the Brahmin religion through him, numerous Brahma Kumars and Kumaris become ready. The Supreme Father Supreme Soul sees that two types of Brahmins emerged among the Brahmin children themselves. Firstly, Ravan, Kumbhakaran and Meghnad¹² were Brahmins and Guru Vashishtha, Vishwamitra¹³ had also adopted Brahmin hood in their life. The Brahmins like Guru Vashishtha and Vishwamitra are few and the number of Brahmins like Ravan, Kumbhakarna, Meghnad is greater. The same thing happened in the Brahma Kumari ashram as well. Many wicked Brahmins emerged from among the kukhvanshaavali¹⁴ children of Brahma; they were born by enjoying Brahma's lap and very few tyaagi (ascetic) and tapasvi (those who practice meditation) - who took more pleasure in the knowledge and yoga [narrated through] the mouth of Brahma - remained. So, what is the result? The Supreme Father Supreme Soul has to leave that body. The soul of Krishna meaning the soul of Brahma has to leave the body.

¹⁰ Member of an armed gang of robbers

¹¹ The body of Brahma is compared to the wooden flute

¹² Villainous characters in the epic Ramayana

¹³ Two of the great sages mentioned in the Hindu mythology

¹⁴ Progeny born on the lap, meaning the physical affection

After that, in the year 1969, the Supreme Father Supreme Soul Shiva enters the powerful soul of Ram in a completely secret way. It is because the loving role of the mother is of Shiva and the strict role of the father is also His alone. There is a saying: 'Ghii (clarified butter) cannot be taken out without bending the finger' [you cannot obtain obedience without being strict]. Well, the soul of Ram will certainly be present somewhere in this world, won't it? So, Shiva Himself enters that personality, who is already a Brahma Kumar and starts His task through him. Within a short time after this task began, a division is clearly visible, from the year 76, in the Brahma Kumari institution. Just as it happened in every religion, two sects were formed among the Buddhists [i.e.] 'the Hinyaan [and] the Mahaayaan'; two sects were formed among the Muslims [i.e.] 'the Shwetaambar and the Digambar'; two sects were formed among the Muslims [i.e.] 'the Roman Catholics and the Protestants'. All these other religions have just followed the Supreme Father Supreme Soul.

Now even when the Supreme Father Supreme Soul came and established the new Ancient [Deity] Religion, the same process took place: a little while after Brahma left his body, two types of people become clearly visible in that Brahma Kumari ashram. So they clash with each other. The number of the intellectuals decreases and they separate. So, the struggle will certainly increase. In every religion, this struggle increases gradually and finally it reaches its peak level. The big, old, conservative and obsolete class of the gurus does not recognize the truth, because they have received the gaddi¹⁵. They are still occupying [their position] in Mount Abu, they possess authority. They do not listen to the truth. You can see that the murlis or the vani narrated through Brahma at Mount Abu are in accordance with the scriptures in its own right. However, even today, the Brahma Kumaris are saying that all the scriptures are false and whatever our Baba has said, that alone is true. But what is the meaning of whatever Baba has said? They are not aware of it at all and they are not even ready to listen to it. This situation has been arising in every religion. Accordingly, the soul of Ram (who also exists in the Silver Age), who, after coming in the cycle of birth and death is in an ordinary human body at the end of the Iron Age (Kaliyug), the Supreme Father Supreme Soul Shiva enters him and is gradually revealed in the world with the name and form of Shankar. Shankar's role is strict. Through his strict role, He divides the Brahmin community [into] the true mukhvanshaavali¹⁶ Brahmins and the false kukhvanshaavali Brahmins. Mukhvanshaavali are those who only follow the murli narrated through the mouth of Brahma; they do not follow the words of any bodily being and kukhvanshaavali are those who give special importance to the love of the lap (kukh, god) of Brahma, they do not give importance to the murli narrated through the mouth. A few chosen souls emerge who are elevated. You must have seen that maalaa (rosary) is shown around the arms of Shankar. There are many types of rosaries around his neck too. Maalaa is the sign of gathering (sangathan). Those souls in the form of beads are threaded in, one, the thread of love and two, the thread of knowledge. Their gathering has been formed. That gathering in the form of rosary is accepted in all the religions in the entire world. In what form? You can see that the Muslims rotate the rosary as well as the Christians rotate the rosary; the Buddhists rotate the rosary and the Sikhs rotate the rosary too. What is the importance of this rosary that it is rotated in every religion? Nobody knows this. Baba has said in the murli: "Children, these non-living beads of the rosary are the memorial of you taamasi (degraded), dilapidated souls." When the Supreme Father Supreme Soul comes, He gathers you souls in the form of beads and the rosary like gathering of the elevated souls that is formed, brings about excitement or thrill in the entire world. At first, there is excitement or thrill within the Brahmin world in the land of Bharat.

There are 108 beads in the gathering of the rosary (*maalaa*). You can see that there are nine main religions that are spread in the world today. The Hindu religion is an ancient [religion]. There are two groups in it: [one group consists of those] who never convert to other religions and the other [group consists of those] who have always been converting. When the Muslims came,

¹⁵ Lit. seat; here it means position

¹⁶ Progeny born from the mouth, meaning the knowledge

they converted to the Muslim religion; when the Christians came, they converted to the Christian religion, and when the Sikhs came, they converted to the Sikh religion. It means that two groups were formed in the Ancient [Deity] Religion (Sanaatan Dharm): one group [consists of] the nonconverted ones [meaning] the ones who never converted. No matter what kind of an examination came before them, they did not leave their religion. And the other group [consisted of] those, who repeatedly converted from one religion to another, from the second one to a third one, and from the third one to a fourth one. 2500 years ago 'the Islam religion' came. Then, the fourth religion, 'the Buddhist religion', which spread in China, Japan, Burma (Myanmar) and Malaysia, came. The fifth religion that came is 'the Christian religion', which spread in European countries and America. The sixth religion is 'the Sanyas religion' established by Shankaracharya (it started with people who wore red, yellow, black or white clothes). After that, Mohammad came, who divided the Islam religion, forbade the worship of idols and spread 'the Muslim religion'. Then, Guru Nanak came, and in order to confront the Muslims, he converted the healthy and sturdy people with a dull intellect belonging to the Ancient Deity Religion of India into 'Sikhs'. They continued to give a tough fight against the Muslims and Christians. Finally, 'the Arya Samaj' comes in the end. It is such a religion, which invites everyone to come and gather in the land of Bharat. [They say:] Someone may belong to any religion, we will make him Hindu. The real Hindus never accepted the vidharmi¹⁷. The Arya Samajis gathered in our country the rubbish from all religions. Atheism (nastikvaad) is such a religion that it doesn't receive a place in the rosary at all. They do not find a place in the rosary of the 108 elevated souls created by God. They are the atheists (Russians). They neither believe in paradise nor hell. They neither believe in the soul nor the Supreme Soul. They don't believe in anything. They become intoxicated and prepare the atomic energy [to show] that they alone are everything. If they wish, they will make the world dance to their tune, otherwise they will destroy it. But they are entangled in their own trap. Today, Russia has split up [into different states] and America has gathered more atomic power than it. In this way, there are nine main theist religions of the world. The Supreme Father Supreme Soul gathers 12 main selected souls from each of these nine main religions (9 X 12 = 108). 12 times nine equals to 108, these beads are selected from the entire world and they become ready.

70-75 years ago, there weren't so many gods in the land of Bharat. Acharya Rajnish is a god, Jai Gurudev is a god, Sai Baba is a god, Satpalji Maharaj is a god, Chandra Swamiji is a god too - these numerous gods were not at all present 75 years ago. These numerous gods have been born just within [these] 70-75 years. Well, will there be one God or will there be numerous gods? Certainly, there will be one God. But what is the process? When the real Diamond leaves the Supreme Abode and descends to this world, numerous fake diamonds become ready in the world market to compete with Him. Those fake diamonds spread their pomp and show [i.e.] advertisement everywhere. A big building of **Maheshyogi** was to be constructed at Jabalpur¹⁸. Its construction was stopped. What was going to happen in it? Just the same swaahaa¹⁹. Well, nothing happens through this. These offerings have been made for the past 2500 years. Will any transformation of the world take place through it? No transformation will take place. One thing that they say is true: it purifies the atmosphere. But instead of the atmosphere becoming pure, the world is being spoiled all the more. (A brother said: He smuggles gold from America.) All right, let him do whatever; one thing that was mentioned was, there are many gods, but they are [like] fake diamonds and we are unable to recognize the real one from among them. Certainly, there is a real one too but we are unable to know Him. And the proof [of the arrival of God is that] when He comes, He will have the materials for destruction of the old world made ready along with the establishment of the new world. Along with the establishment of the true religion (sat dharm), He has the numerous wicked religions, which are spread all over

¹⁷ Souls belonging to the religion opposite to the Father's religion

¹⁸ A city in Central India

¹⁹ The Sanskrit word uttered while making offerings in the auspicious fire.

the world destroyed. 'Vinaashaay ca dushkrutaam²⁰' (Ch.4, shloka 8); this shloka of the Gita says this. When the Supreme Father Supreme Soul comes to this world, He has these preparations made first. He establishes [the new world] in secret and has the task of destruction done in a revealed form.

Russians and Americans have been called the Yadavas²¹ in the Mahabharata in our Indian tradition. They were very wealthy, they drank a lot of alcohol and [lived in] high buildings. What did that group of Yadavas do? They were certainly Yaduvanshi, under the control of God Krishna; but what did they do? The missiles that emerged from their stomach like intellect, they fought with each other with those pestles (missiles) and killed their entire clan and destroyed the whole world. People considered them to be the physical missiles. Well, this is the confusion in understanding the meaning. Actually, it is about the missiles. Just like the stomach digests something, in the same way, this is the stomach like intellect. People say, 'Your stomach cannot digest anything²², don't they? So, is it about this (physical) stomach or is it the stomach (the stomach like intellect)? Those missiles emerged from the stomach like intellect. The entire world is destroyed through those iron missiles. Within 70-75 years, this energy became ready in abundance as well as the Supreme Father Supreme Soul incarnated in this world. 70-75 years ago, at the time of Mahatma Gandhi, the voice that was spread above all was: "O, Purifier of the impure ones! Come!" 40 crore (400 million) people of India were calling out [God, saying:], 'Raghupati Raghav Raja Ram, Patit Pavan Sita Ram²³', under the supervision of Gandhiji. But those who were calling out did not realize that the Supreme Father Supreme Soul had already arrived in this world at that time.

This means that when the Supreme Father Supreme Soul comes, then on one side He has the materials for destruction prepared and on the other side He also performs the task of establishment in secret. So, both these tasks are being accomplished at this time: the task of establishment is completed and the atomic energy also becomes ready. The first explosion took place in Hiroshima, Nagasaki. It is then that on one side the destruction of the world takes place and on the other side the rosary becomes ready that gradually takes the control of the religious power and the political power of the whole world in its hands. You must have heard some predictions of astrologers that are published very often. The predictions made by the astrologers like Keiro, Keith, Nasterdam and so on, who existed 400-500 years ago have been published. Everyone made the year 2000 the main topic. However, the topic concerning the year 2000 was not related to the destruction of the whole world. Actually, it concerns only the destruction of the world of root souls and the seed form souls within the Brahmin world. Nobody knows this. If this world is destroyed so quickly, in a snap of the finger, then who will recognize the Supreme Father Supreme Soul? Some time is certainly required to recognize the Supreme Father Supreme Soul, isn't it?

Actually, the period after the year 2000 will bring about complete transformation in the Brahma Kumaris ashram. There will be some transformation in the outside world as well as there will be some atomic explosions but they won't be to such an extent that the destruction of the whole world takes place. Now, the destruction of only the old world of Brahmins takes place, the establishment of the new world takes place and all the souls go back to the Supreme Abode through the connection of their intellect at first. It means that the special souls within the Brahmin family understand this topic: who the corporeal form of the Supreme Father Supreme Soul is, what His working period is and how this task is going on. Here it has been shown that just as we souls are points of light, the Supreme Father Supreme Soul is also a Point of Light (*jyotirbindu*). The big form of that very Point of Light is made as the *Shivling*²⁴, which is famous

²⁰ [I incarnate] for the destruction of the wicked ones

²¹ Descendants of Yadu

²² Pet mein baat pacnaa means to keep to oneself

²³ Praises in the name of lord Ram

²⁴ An oblong stone worshipped all over India as the form of Shiva in the path of *bhakti*

in our Indian tradition as the 12 *jyotirlingam*²⁵. These 12 *jyotirlingams* are installed at **Ujjain**, **Kashi**, **Rameshwaram**, **Kedarnath**, **Badrinath** (various pilgrimage places in India) etc. Why are there only 12 [*jyotirlingam*]? Why not 13? Why not 11 or 10? There are 9 groups consisting of 12 selected souls each from the nine religions. There are elevated souls in every religion, aren't there? So, when the Supreme Father Supreme Soul comes, He first of all selects the elevated souls from every religion and then makes them into firm *Suryavanshi*²⁶ Brahmins.

In today's world, no one is a Brahmin in reality. (A brother said: What are you saying? You are disregarding the Brahmins.) No, 400-500 years ago, Tulsidas wrote about this in the Ramayana, 'bhaye varnsankar sabai' [meaning] everyone has become the one with mixed blood. No one is a Brahmin or a Shudra²⁷ anymore. He wrote this 400 years ago [and] now the situation has become even worse. Now, adultery (vyabhicaar) has spread a lot. Adultery has spread in every house. So, the Supreme Father Supreme Soul has come and is establishing the true Brahmin clan through Prajapita Brahma at this time. You must have heard that nine groups (kuriyaan) of Brahmins are famous: the Shaandilya gotra, Bhaaradwaaj gotra, Kashyap gotra and so on. Based on the nine sages (rishi), nine groups are famous. Those nine sages are none other than the nine elevated souls representing the nine religions whom the Supreme Father Supreme Soul selects from this world and brings into the Brahman religion. Among the nine souls, one [soul] will be the most elevated, won't it? The group of 12 [souls] belonging to the one [soul] who is the most elevated, attain such similarity with the Supreme Father Supreme Soul Shiva that their stage becomes equal to Him. That is why, even today, in the land of India the 12 jyotirlingam are worshipped as the form of God.

This means that the Supreme Father Supreme Soul Shiva is also a point of light. The sages and great sages have made a big form of Him to worship Him. It is a symbol of the incorporeal stage (niraakaar). 'Incorporeal' means that the form of Shankar, one [soul] among the 12 [souls], who is called 'Rudra avataar' (the fearsome incarnation [of Shiva]), remains in such an incorporeal stage as if he doesn't have his cloth like body at all. To remain in such a stage at different levels (numbervaar), to always consider yourself in the soul conscious stage, to see others in the form of a soul - to become firm in such practice, this will be called 'the incorporeal stage'. It is [a stage where] the indriyaan²⁸ are not present even on being present. Just like it is said: 'Not to see despite seeing [something], not to listen despite hearing [something].' No matter how much defamation spreads in the world, he is not affected by it.

Side 'B' (Cassette)

(4) There is one Father of all the souls :-

He is God the Father, the One who is given different names and forms. Despite having different names and forms, there is one form which is accepted in every religion. How? The *jyotirlingam* like **Rameshwaram** and so on are worshipped in our land of India. It is said, Ram also worshipped. Ram is considered as God, still, whom did he worship? He worshipped Shiva. So is Ram God or is Shiva God? Certainly, Shiva is God. Similarly, there is the temple **Gopeshwaram**²⁹. Krishna is called 'gop'. This proves that Krishna was not God. In fact, they (Ram and Krishna) also have God who made them into this. In the same way, there are [the temples of] **Kedarnath, Badrinath, Kashi Vishwanath and Somnath**³⁰. The memorials in all these temples show that here (in India), that Incorporeal light is believed to be in the form of *jyotirlingam*. There is the temple of **Pashupatinath** in Nepal. At the end of the Iron Age, all the human beings start behaving like animals. It is the incorporeal Point of light Shiva alone who

²⁵ Phallic shaped idols worshipped as a symbol of Shiva

²⁶ Those who belong to the Sun dynasty

²⁷ Member of the fourth and the lowest division of the Indo-Aryan society

²⁸ Parts of the body used to perform actions and the sense organs

²⁹ The temple of the lord of the herdsmen.

³⁰ Famous Hindu temples in various parts of India where God Shiva is worshipped

transforms even those animals, the monkeys into those worthy of being [worshipped] in temples. In memorial of this very thing, one *Shivling* is established in Nepal too.

All right, leave the topic of the Hindus. The Muslims go for haj (a pilgrimage) to Mecca. There, Mohammad had embedded a stone in the wall. He named it 'Sang-E-Aswad'. Even now, until the Muslims kiss that stone, it is not considered that they bowed their forehead to the ground [in prayer to Allah] (sijda); their pilgrimage to haj is not [considered to be] complete. It means that they too accept that Incorporeal One even now, although they do not believe in [worshipping] stone³¹. In fact, they have been the destroyers of idols and *Shivlings*. They came here, in Bharat and broke the Shivlings, but they believe [in the stone] there (at Mecca). Even today, the Buddhists in China and Japan are seen to be focusing their vision on a small round stone (batiyaa) placed on a round table. This proves that they also believe in that Incorporeal One. Guru Nanak has often said, 'Ek omkaar nirankaar; Satguru akaalmuurt³²'. They definitely believe in the Incorporeal One. In the Bible, the religious book of the Christians, it is written at many places, 'God is light'; it means the Supreme Soul is [in the form of] light. This means that the Incorporeal Light is believed in all the religions. Now the question arises, 'if all the religions believe in the same form, why the followers of all the religions don't accept only that one form to be the form of the Supreme Father Supreme Soul?' Why do they believe in various forms? This fact does not come to anyone's intellect.

When that Incorporeal Light comes to this world, He selects the two special souls Ram and Krishna and makes them the chief in the tasks of establishment of the new world and destruction of the old world. The soul of Krishna, in his last birth, is born in the form of Dada Lekhraj in Sindh Hyderabad and the Supreme Father Supreme Soul Shiva enters him and performs the task in the form of 'Brahma' in practice at first. He plays a loving role. You may visit any Brahma Kumari ashram and ask any of the Brahma Kumars and Kumaris: 'Did Baba (Dada Lekhraj) ever look at anyone with displeasure or did he ever say any bad words to anyone or is there anyone who experienced sorrow after coming in contact with Brahma Baba?' Every Brahma Kumar and Kumari will say that even though they met Baba only for ten minutes, they did not experience as much love from anyone in the world as they experienced from him. Brahma Baba was the embodiment of love. For example, even now when you watch the serials broadcasted on T.V., you can see that demons received boons [from Brahma]. They are demons, yet they received boons from the Mother (Brahma). Actually, this is one form [of God] that is shown and just opposite to this, there is another form, the soul of Ram. The Supreme Father Supreme Soul enters him at the end of the Iron Age and becomes famous with the name and form of 'Shankar'.

Look, just like Krishna's name and form has become famous as 'Brahma', in the same way, that Ram's name and form becomes famous as 'Shankar'. There are also two souls who are the cooperative powers (sahyogi shakti) of these two powers. 'Radha' is the cooperative power of 'Krishna' and 'Sita' is the cooperative power of 'Ram'. Their present forms are named as 'Saraswati', the cooperative power of Brahma and 'Parvati', the cooperative power of Shankar. These are the names of their present forms. When the Iron Age world ends, and the creation of the new Golden Age world takes place, the nature and sanskaars of these four souls combine together. Now, in every house, the sanskaars of the husband and wife clash with each other. You won't find a single house where there isn't a clash of sanskaars. However, in the beginning, the Supreme Father Supreme Soul had also created such a world where the sanskaars of these four souls harmonized and became one first of all. They are these souls who are the hero and heroine of the world and the combination of these souls is shown in the form of the four arms of Vishnu. [People] say, don't they? 'My brother left his body. My right hand has broken.' So, it doesn't mean that the right hand has broken [in reality] but [it means that] the cooperative power has gone away.

³¹ Here it refers to the idols made of stone

³² The One incorporeal God is the Sadguru who cannot be devoured by death; a praise among the Sikhs

In this way, **Brahma-Saraswati meaning Krishna and Radha, become helpers in the task of the Supreme Father Supreme Soul in the form of the two right hands.** They never take on a strict, harsh form. In order to reform [someone], they always used love. That is why the Supreme Father Supreme Soul accepted them as the right hands. However, when the task isn't accomplished by the right hand, we also bend the finger³³. Those two forms are **Shankar and Parvati**. *Adishakti* (the first female deity) takes on the form of Chamunda³⁴ and Shankar takes on a destructive form. The soul of Ram (Shankar) brings destruction through [his] cooperative power. Without taking on the form of *Shakti*, demons like Ravan, Kumbhakarna, Meghnad cannot be transformed. [Souls with] such demonic traits have intruded into the Brahmin community in great numbers who play the role of Ravan, Kumbhakaran, Meghnad. The soul of Ram who shoots the arrows of knowledge gets ready to transform them. These arrows are not something else but the sharp words that the Supreme Father Supreme Soul has said for them through the mouth of Shankar or Ram, the very meaning of those words act like arrows of knowledge for them. We certainly like those great sentences (*mahaavaakya*), but for those type of demonic souls who have intruded in the Brahmin family they act like arrows. They hurt them.

So, in this way, the third form is merged in these two forms of love and law. It is called 'Vishnu', the combination of the four souls: Brahma-Saraswati and Shankar-Parvati. As for the rest, there has never been a person with four arms [like Vishnu] or [a person like] Ravan with ten heads in the world. Ten headed Ravan means the ten religions together establish such an unlawful gathering of democracy which brings the entire world to the verge of destruction. But the Supreme Father Supreme Soul had come and established the lawful kingdom of divine kings by teaching them Raja Yoga.

The Supreme Father Supreme Soul opens a school, He is a called the True Guru (*Sadguru*), so He will have certainly become the Vice-Chancellor of this University of God where He gives [us] high positions in some gathering like rosary before going. He taught the art of ruling to those who have been kings birth after birth in the country and abroad. It is called 'Raja Yoga'. The Supreme Father Supreme Soul is teaching that Raja Yoga through the knowledge of the Gita now. He is making us into kings for many births. The *lokik* (worldly) fathers make us have attainments, give us the inheritance for just one birth, but when this *Paarlokik*³⁵ Father comes to this world, He gives the kingship for many births to His soul like children and then goes back. That kingship for many births is being given now. Within a few years, the 108 elevated souls are going to be revealed in the world who will bring about excitement or thrill in the entire world and will take control of both, the religious and the political power in their hands. These very 108 elevated souls are remembered even today, in the form of the rosary in every religion.

When the whole world is trapped in the clutches of Maya, the Sun of Knowledge (Gyaan Surya), the Supreme Father Supreme Soul descends to this world. The clutches of Maya doesn't mean any lady. Lust, anger, greed, attachment and ego are the five vices contained in human being. The whole world is entrapped in these five vices. Today, there is not a single person who is free from the clutches of these five vices. When the condition of the entire world becomes extremely worse, the Supreme Father Supreme Soul Shiva descends [to this world]. In its memorial 'Mahaashivraatri³⁶' is celebrated. At the time of Mahaashivraatri, when the Supreme Father Supreme Soul Shiva arrives, there are many religions spread all over the world. In those religions, there is a lot of perverse criticism (vitandaavaad) in the name of religion and no knowledge at all. [Topics of] ignorance and only ignorance is narrated in the name of knowledge; money and advertisement is given more importance. The task of the establishment of religion, the topics of virtues are negligible [in those religions]. It is then that the Sun of Knowledge, the Supreme Father Supreme Soul comes to this world and eliminates the darkness of ignorance. That is why, in the land of Bharat, Mahaashivraatri is celebrated at

³⁶ Literally 'the great night of Shiva'; a Hindu festival celebrated in the honour of Shiva.

³³ Ungli tedhi karnaa: You have to be strict to obtain obedience

³⁴ A ferocious form of Parvati, the consort of Shiva

³⁵ The Father from the world beyond

midnight, in the month of $Magh^{37}$ in its memory. When it is the last month [of the year], the end time of the world, when the Iron Age is about to end, the darkness of ignorance spreads all over the world. Just like it is shown in the TV serial Shaktimaan; [they say,] 'andheraa kaayam rahegaa' (darkness will prevail forever). The demons just wish that the darkness should prevail forever, the world should remain in [the stage of] ignorance and they should succeed in carrying out their demonic tasks.

So, these lust, anger, greed, attachment and ego are demons and their chief is lust. The Supreme Father Supreme Soul comes and has the lust reduced to ashes through the body of Shankar at first. We thought that lust will have the form of a deity. He was named 'Kaamdev' (the deity of lust). Actually, there is no such deity. It is the bad conduct, the weaknesses or defects within us that were burnt to ashes by the deity Shankar at first. Those who burn it to ashes are number wise³⁸ but it is shown for Shankar that he burns it to ashes at first. He opened his third eye of knowledge and the lust was burnt to ashes. It was not some external lust [depicted as a deity, who shoots an arrow of flowers on Shankar to break his meditation]. It was something internal, which was burnt to ashes and destroyed by him. When the chief (lust) is burnt to ashes, the other four robbers and dacoits³⁹ (anger, greed, attachment and ego) will run away automatically.

(5) Shiva and Shankar:-

It has been depicted here (in the picture) that in reality, Shiva, the Supreme Father is [a] separate [soul] and Shankar is a separate soul. Both of them were combined by mistake; but it is not a mistake, actually, it is our ignorance. Because of [the strength of] this ignorance, the Brahma Kumars and Kumaris are [now] entangled in that ignorance. What is the ignorance? When the Supreme Soul Shiva, the incorporeal point of light comes to this world, He will definitely make an ordinary man equal to Himself and teach him the knowledge. There will certainly be one such student of the teacher who assimilates his knowledge 100%. So, that incorporeal Point of Light Shiva comes and is revealed in the world through the form of Shankar, and in this way, both of them are united. You can see that no one says, Shiva and Brahma are the same. Why isn't the name Brahma combined with [that of] Shiva? Why isn't the name of Vishnu combined with [that of] Shiva? Why is only the name of Shankar combined with [that of] Shiva? It is combined because Shankar becomes so engrossed in the remembrance of Shiva that he absorbs Shiva in himself; it means he becomes equal to the Father. So, that stage of merging [with Him] is the stage that becomes famous in the world as: 'Shiva and Shankar are the same'. Actually, both are separate souls. The Supreme Soul Shiva never comes in the cycle of birth and death at all. This is why it is said 'Shivling'. It is not said 'Shankarling'. It is said 'Shiva raatri' (the night of Shiva) and not 'Shankar raatri' (the night of Shankar). Shiva is always beyond sins (paap) and merits (punya); and the bodily beings become entangled in sins and merits.

Now you can see, Shankar is sitting in meditation. If he himself is the form of the Supreme Father Supreme Soul, if he himself is the Supreme Soul, who is he remembering? If you visit the ancient temples, you will see that the *Shivling* is kept at the main place, in the center and the idols of all the other deities including [that of] Shankar are placed around it. What does this prove? [It proves] that among all the other deities, the 33 crore (330 million) deities, the deity Shankar is certainly Dev Dev Mahadev (the greatest of all the deities), but he is not the Supreme Father Supreme Soul. He too is sitting in front [of Him], praying [to Him]. In front of whom? In front of the *Shivling*. So the *ling* form (oblong stone) which is a memorial of the Incorporeal One, [represents] the Point of light, the Supreme Soul Shiva and this Shankar, the hero actor is the hero of this stage like world. The knowledgeable people can just remember the

³⁷ The eleventh month of the Hindu lunar calendar which corresponds to January-February.

³⁸ At different levels according to their spiritual effort

³⁹ Armed gang of robbers

Point of Light Shiva; and in the path of *bhakti* (devotion) His permanent chariot Shankar himself is worshipped in the form of a big *ling* because of becoming stable in the incorporeal stage.

(6) The Supreme Father Supreme Soul is not omnipresent:-

Here it has been mentioned that when God comes to the world, He will certainly narrate some or other new point of knowledge about something that the whole world is in confusion. He will definitely narrate such new point, which the entire world wasn't aware of, in other words, the world knows something just opposite to it. That point is: when people searched for God everywhere in the world and did not find Him anywhere, they started saying: 'God is omnipresent (sarvavyaapi). He is present in every particle. He is present in every atom. Wherever you see, there is God.' In fact, a shloka (verse) from the Gita alone is enough [to prove] this point [wrong]: 'tad dhaama paramam mama' (please refer to the shloka 6 of ch.15 in the Gita). It means, I am a resident of that Paramdhaam (the Supreme Abode). The most elevated granth (book) of the world is the Gita, there are maximum [number of] commentaries on it; one of its shloka has proved this point. A word 'vibhu' has been mentioned in the same Gita. People exaggerated the meaning of this word to such an extent, that the very idea of 'God is omnipresent', has spread everywhere in the world. Actually, [the word] 'vibhu' means... 'bhu' means He makes place for Himself in the form of remembrance in the intellect of every human soul in a special way. They gave a wrong meaning to that [word and] called the Supreme Father Supreme Soul omnipresent.

Here it has been explained that in reality, the Supreme Father Supreme Soul is not omnipresent in the world. [The scriptures] Gita and Ramayana are also evidences for this. It is written in the Gita and the Ramayana: "I come whenever there is the dominance of irreligiousness in this world." The very words 'I come' prove that He was not present earlier; so, He has come. Otherwise, what was the need for Him to come? Secondly, the Gita shloka that was mentioned to you just now, definitely proves that the abode, name and acts of the Supreme Father Supreme Soul are the highest [and] there is also the praise: 'uuncaa teraa dhaam, uuncaa teraa naam, uuncaa teraa kaam⁴⁰. When the abode, name and acts, all the three are the highest, will He sit at a higher place or at a lower place? Even the king of this world sits on a high throne then, why did we place the Supreme Father Supreme Soul in every particle? Here, it has been depicted in the picture that when the sages, saints, sanyasis are carried away by emotions (bhaav vibhor), they play the khartaal (a kind of music instrument) and say: 'O God! Give us a glimpse'. However, when they preach, they say, 'God is omnipresent. The soul is equal to the Supreme Soul. Shivoham (I am Shiva); we are the forms of the Supreme Soul, we ourselves are God.' So this is not logical. They should be firm in one point. What is this! When they start praising, [they say,] 'O God (*Prabhuji*)! Give us a glimpse'. Well, how will God give a glimpse [to you] when He Himself is sitting in you? When you yourself are the form of God? Here, it is shown that when the listeners listen to the preaching of the Guruji Maharaj, they are carried away by emotions and say, 'Yes, God is omnipresent. You narrated very good knowledge'; [and] as soon as they reach home, one brother starts killing another brother. Now, didn't they see God inside their brother? How did this contradiction arise all of a sudden?

Actually, every soul has different *sanskaars*. The Supreme Father Supreme Soul is totally different from all of them. In the Indian tradition, the mythology of Shankaracharya is different and the mythology of Madhavacharya is different. It is mentioned in Madhavacharya's Gita that 'every soul is separate and the Supreme Soul is different from them'; whereas in Shankaracharya's Gita, it is mentioned, 'sarvam khalu idam brahma', which means whatever is seen in this world is the form of God. Madhavacharya said: Each soul has different sanskaars. When these souls enter womb and take on a body, they will definitely play different roles. The role [of one soul] cannot be similar to [that of] another soul. We have always been giving this example in the scriptures: all of us souls are [like] bubbles in the ocean. All the bubbles merge in

⁴⁰ Highest is Your abode, highest is Your name and highest is Your work

the ocean which means that we are a part of that ocean. We said this very thing, didn't we? But we forgot one thing, that if we are bubbles, if we are a part of the ocean then the ocean should also have the salinity just like the salinity contained in the handful of water taken from the ocean, shouldn't it? If we mix that [handful of] water again in it (the ocean), the quality of both remains the same but why do all of us have different *sanskaars*? How did this difference arise? And this difference has been continuing for many births. Secondly, there is one more [argument for the] refutation [of this belief]: Did you ever wish that the existence of your soul should end forever? Does anyone wish this? If our soul merges with that Supreme Soul Shiva, if the handful of water is mixed with the ocean, its existence will end forever. Then, how did the saying, 'kalpa kalpa lagi prabhu avataaraa⁴¹, Ram incarnates whenever it is the Silver Age, appear in the scriptures?

All the souls are eternal and immortal. That is indeed true, but it is a different topic. Their existence, *sanskaars* [and] everything are different but the role of many births is recorded in the *tape recorder* of that point of light in the form of soul. Whenever a soul descends on this stage like world, it will have as many births from the beginning of the Golden Age to the end of the Iron Age as it had taken in the previous cycle. If it is the soul of Ram, it will be born only as Ram in every Silver Age. If it is the soul of [the one who is called] '*Hey* Krishna, Narayan', it will rule in the beginning of every Golden Age in the form of Narayan only. In this way, it is fixed that every soul changes its cloth like body in every birth. This repeats as it is after every 5000 years.

Every soul is not equal to the Supreme Soul. The Supreme Soul Shiva is always different. If He too starts coming in the cycle of birth and death, there will be no one to liberate us [from the cycle]. That Supreme Soul Shiva cannot be compared to us souls. A soul can play the role of a hero, a heroine, a villain or an ordinary soul but no one's role is like that of the Supreme Soul Shiva. His role is unique. He doesn't come to this world again and again either, as it has been written in the scriptures: 'Sambhavaami yuge yuge' meaning, I come in every age (yug). Arey, had He come in every age... when the Supreme Father Supreme Soul came in the form of Krishna at the end of the Copper Age and enabled the Mahabharata war to take place, did He come to establish the sinful Iron Age? Where is the need for Him to come in every age? Even an ordinary father constructs a [new] house for his children when the [previous] house becomes old, when the old house can no longer be used. As long as the old house is usable, he has it repaired. The condition of this house like world is also the same. The religious fathers like Abraham, Buddha, Christ, Guru Nanak and so on came and repaired the world at various places. Someone came and repaired it in the Arab countries, someone repaired it in the European countries, and someone repaired it in China and Japan. But no one constructed a new house; they definitely didn't create a new world. How long will the repairing last? Those religions exert their influence for some time, and then it ends. At last the Supreme Soul, the Father Shiva, who is the Father of even the religious fathers, the Father of even the fathers Himself has to descend in this world. He comes and transforms this world entirely. So, He is not omnipresent. In fact, He enters the hero actor in a permanent way and plays the role in this world.

Have you heard the name of 'Jesus' or 'Christ'? After all, why [is he given] two names? Christians believe that the name of the person who was not famous before was 'Jesus'. Later, when he became famous, he was named 'Christ'. Nobody knows the secret behind this. The Supreme Father Supreme Soul has come and is explaining this secret. He says: when a new soul descends from above, it changes the name of the person it enters. For example, earlier the name was 'Narendra', later he was named 'Vivekananda'. The same thing happened with Acharya Rajnish, too. Earlier, he was an ordinary lecturer. When a soul entered him, he was named 'Acharya Rajnish'. So every soul that descends from above converts the person whom it enters and pulls him to its religion and that root [soul] in whose body it enters belongs to the Ancient [Deity] Religion of Bharat itself. In this way, [souls] converted or transformed to other religions.

⁴¹ God incarnates in every cycle

Other religions have originated and flourished through the conversion of the residents of Bharat themselves.

It means that the Supreme Soul Shiva cannot be compared to us souls. In contrast to us souls, He is always unique. He neither experiences happiness nor sorrow. He is the One who always remains beyond happiness and sorrow. But yes, this is for sure that when He comes to this world and teaches Raja Yoga, He gives us such knowledge that we souls can attain such a stage to a greater or a lesser extent (numbervaar) according to our spiritual effort, that even while living in this world, even while living in sorrow and happiness, our condition should be such that we do not become sorrowful at the times of sorrow and we do not become very happy in the times of happiness. In the Gita that stage is given the name 'sthitpragya'. We will not have that stage forever, but Shiva always remains in that [stage]. He is the Supreme Soul. Then, how are the soul and the Supreme Soul equal? How is the Supreme Soul omnipresent? The Supreme Soul Shiva is always different.

Shiva cannot be compared with the three deities (*Tridev*) either. As a memorial of these three deities, they do say, "Jhandaa uuncaa rahe hamaaraa, vijayi vishwa tirangaa pyaaraa. Vishwa vijay karke dikhlaave", but they do not know who are those three cloth like bodies who brought about excitement or thrill in the entire world and gained victory over the entire world. Actually, the three cloth like bodies are 'Brahma, Vishnu and Shankar' themselves. The colours indicating them are also shown accordingly. The topmost saffron colour is that of Shankar, it is the symbol of revolution. The white cloth in the middle is the symbol of satvaguni (pure, virtuous) Vishnu. The green cloth below is the symbol of Brahma. Just as Gandhiji kept saying: 'the kingdom of Ram will come, the kingdom of Ram will come', but instead of that, the kingdom of Ravan came all the more. In the same way, Brahma Baba always kept crying: 'We will bring the kingdom of Ram, swarg will come, vaikunth (heaven) will come and heaven is just about to come.' Now, instead of heaven, the Brahma Kumari ashrams are becoming a horrible hell (raurav narak). This is why, idols of Brahma [are not made], temples of him [are not built] and he is not worshipped, because the so-called Brahma Kumars and Kumaris themselves could not protect the honour of Brahma. On the other side, the temples and idols of Vishnu and Shankar are made and worshipped in the entire land of Bharat today.

(7) Easy Raja Yoga:-

Many kinds of yoga are famous in the world. For example, Bhakti yoga, Karma yoga, Gyaan yoga, Hatha yoga, Raja Yoga and so on, but among all these kinds of yoga, Raja Yoga is the most elevated. 'Yoga' means 'connection' or 'meeting'. Nowadays, by saying 'yoga', people derive the meaning as *yogaasan*⁴³ or Hatha yoga⁴⁴. The *yogaasan* can help us to achieve physical health and to a certain extent, mental health, but complete happiness and peace can be achieved only through Raja Yoga.

'Raja Yoga' means, the yoga which makes us into the king of kings or the yoga that is full of secrets. For many births, the human souls have been establishing relationship with perishable bodily beings by being stuck in the swamp of body consciousness. Just like by joining two copper wires, electricity passes through it but it does not pass through the copper wires with rubber coating; similarly, by having relationship with body conscious bodily beings, imperishable happiness and peace cannot be attained. The Supreme Father Supreme Soul Shiva does not even call it 'yoga', but in simple words, He calls it 'yaad' (remembrance). To remember [someone] is a natural, easy and a constant process, whereas 'yoga' gives the sense of making some special effort. Just like, despite living in the body the Supreme Father Supreme Soul is detached by its consciousness meaning, He remains videhi⁴⁵, similarly we should also remember the Supreme Father Supreme Soul through Prajapita Brahma by considering ourselves

44 Rigid physical exercises (including breath-control)

⁴² Let our flag be held high; our beloved tricolour flag will be victorious over the world, (it) will conquer the world.

⁴³ Yogic postures

⁴⁵ Without a body; here it means to remain detached from body

to be an imperishable soul (and not a body made of five elements). Our eyes should look at 'Shiva' and not just 'shav' (corpse) meaning the body. Thus, God should neither be remembered just in a corporeal form nor just in an incorporeal form, but after recognizing [Him] properly, we should remember the incorporeal One who has entered the corporeal body. This alone is the true Raja Yoga.

By assimilating purity in the mind, speech and actions, by having true affection for the Supreme Father Supreme Soul, by assimilating divine virtues [and] God's Knowledge, by consuming pure food and remaining in the company of true Brahmins, the soul is liberated from the five vices, 'lust, anger, greed, attachment and ego', born from body consciousness and it can become stable in its original form i.e. the form of being complete with all the virtues. The time of amritvelaa⁴⁶ or Brahm muhuurt⁴⁷ is the best time to remember God, because at that time, the atmosphere is serene and pure and the mind also is alert and calm. Through the daily practice of Raja Yoga, the soul assimilates virtues like purity, peace, patience, fearlessness and humility. Along with this, the soul receives the eight powers: the power to wind up the expansion of wasteful thoughts, the power of tolerance, the power of assimilating, the power to discriminate between good and bad, the power to make proper decision, the power to face problems, the power to cooperate with human beings possessing different sanskaars and the power to withdraw the expansion, etc.

Through the continuous practice of Raja Yoga with strong will power, the soul can know the story of its beginning, middle and end and its unique roles in many births in the world. It can also donate peace and happiness to the souls of the world while staying at home. In this way we can bring about the **transformation of the self as well as of the world simultaneously**.

Cover Picture No.1 (The Trimurti):-

Shiva means 'beneficial' (kalyankaari). This name has been attributed to the Supreme Father Supreme Soul because at the end of the world cycle, when the human souls and nature have become sinful and tamopradhaan, the Supreme Father Supreme Soul Shiva, the Point of light, who is a dweller of the Supreme Abode, takes the support of a human body and purifies and makes both, the human souls as well as nature satopradhaan. In remembrance of this act of Shiva, the festival of 'Shivaraatri⁴⁸' i.e. 'Shivjayanti⁴⁹' in the words of the Supreme Father, is celebrated. The Supreme Soul Shiva is not born from the seed of a man or the womb of a mother. Through Prajapita, He is the living seed of this tree like human world; He is beyond [the cycle of] birth and death and He is free from the bondages of actions (karma bandhan). So, He enters an ordinary, old human body in a divine way, in order to perform His task. This itself is called 'the divine incarnation of the Supreme Father Supreme Soul', because He does not possess His own body. His divine task is accomplished in three phases: establishment, destruction and **sustenance** (*sthaapanaa*, *vinaash*, *paalanaa*). He takes the support of three corporeal deity souls, who attain a subtle (avyakt) stage, to accomplish these three tasks. These deity souls are: Brahma, Shankar and Vishnu. To know about the souls who play the roles of Brahma, Shankar and Vishnu after the divine incarnation of Shiva on the stage like human world, it is important for us to know about the incidents from the time of the incarnation of the Supreme Father Supreme Soul in 1936-37 till now.

This task of the Supreme Father Supreme Soul began in the year 1936-37, in the city of **Sindh Hyderabad** in Pakistan, when He made Dada Lekhraj, a well-known diamond merchant, have visions of the four-armed Vishnu (*Vishnu Chaturbhuj*), destruction of old world i.e. hell and the establishment of the new world i.e. heaven; but he was unable to understand the meaning of those divine visions. He asked the meaning of [those visions] to his gurus; but how can the bodily gurus understand the play of God! Then, in order to find an answer to them, he (Dada

⁴⁷ The time before dawn

⁴⁶ Early morning hours.

⁴⁸ Literally: Shiva's night; name of a festival in honour of Shiva

⁴⁹ Literally: the birthday of Shiva

Lekhraj) went to the great pundits (learned ones) of Varanasi⁵⁰, but he met with disappointment there too. He continued to have visions there too; he used to draw the pictures of those visions on the walls near the banks of the river Ganges. When no one was able to solve his problem; finally, he remembered his **business partner** (**Sevakram**), who **lived in Calcutta**. It was because of being impressed by the loyalty and honesty of the partner that he had handed over the responsibility of his diamond shop in Calcutta to him.

So, Dada Lekhraj went to Kolkata, but instead of speaking about his visions directly to his business partner, he spoke about them to a mother, who was his close relative (meaning the junior mother). She in turn spoke to another mother, who was good at speaking, listening and narrating (reporting what was said to her). Later on, when that mother who was good at listening and narrating, spoke about them (those visions) to Prajapita (the partner), at that very moment, the Supreme Father Supreme Soul Shiva, the Point of light entered that mother and Prajapita, simultaneously. And in this manner, through the process of **listening and narrating** the description of the visions, the foundation of 'the path of bhakti (devotion)' and through the process of understanding and explaining the knowledge, the foundation of 'the path of knowledge (gyaan maarg)' was laid through the mother who was good at [speaking] and the partner, respectively.

In this way, since the Supreme Father [Supreme Soul] Shiva entered the partner (Shankar) for the very first time in front of both the mothers (Brahma and Vishnu) and started the task of world transformation; later, He, the Point of light Shiva Himself becomes famous in the world with the name Trimurti Shiva through these three deities: Brahma, Shankar and Vishnu.

After sometime, Dada Lekhraj recognized his role as the form of 'Brahma' in the present birth and the form of **Krishna** as the first Crown Prince in the forthcoming Golden Age, through his experience and through the *practical* roles of the partner and the mother (the junior mother), who was his close relative.

According to these incidents, the field of action of the Supreme Father Supreme Soul and the family shifted to Sindh Hyderabad at first, then to Calcutta and later, to Karachi (Pakistan). There, the Supreme Father initially taught the knowledge and Raja Yoga through the partner, in Sindh Hyderabad for a few years, and then through the mothers, in Karachi. At the beginning, that family was known as 'Om Mandali', because everyone [going there] used to go into a trance and have visions of heaven and Krishna as soon as they pronounced the word 'Om'. Coincidentally, three members of the alokik family of the Supreme Father Supreme Soul: the partner, the first mother (adi mata) and the mother having a close relation, died by the year 1946-47. Later, the Supreme Father continued His task of world transformation through Dada Lekhraj. Among the maidens (kanyaa) and mothers present at that time, there was also a maiden named Om Radhe, who had the faith of playing the part of 'Saraswati' in the present birth and the first Crown Princess in the form of **Radha** in the forthcoming Golden Age. In the year 1951, this family shifted from Pakistan to Mt. Abu (in Rajasthan, India). Meanwhile, Om Mandli was renamed as Brahma Kumari Ishwariya Vishwa Vidyalaya and they started to publicize [the knowledge]. The great sentences (mahaavaakya), which the Point of light Shiva narrated by entering the body of Dada Lekhraj (alias Brahma) from the year 1951 till 18th January, 1969, are called 'gyaan murlis (the murlis of knowledge)'. B.K. Om Radhe and Dada Lekhraj acted as Jagadamba and Prajapita Brahma from the year 1947 till 1965-68. After Dada Lekhraj left the body on 18th January, 1969, B.K. Prakashmani took over the control of the institution and after her death, at present Dadi Janaki is the main administrator of this institution that has spread all over the country and abroad. The members of the Brahma Kumari institution thought that now there is no corporeal medium of the Supreme Father Shiva and it is they who have to establish heaven. In the absence of the Supreme Soul's sustenance in the form of the Mother and Father, the condition of this family of God has become just like that of orphans after the death of their parents. The number of the members of the institution did rise gradually, but their quality was

⁵⁰ A famous pilgrimage place in Uttar Pradesh

unlike that of the children who received the sustenance of the Supreme Soul in the initial years of the institution.

Just like people are spoiled in the company of bad people, similarly, the sinful souls cannot become pure without the corporeal company of the Ever Pure and the Beneficial Shiva either. Hence, after Dada Lekhraj Brahma left his body, the Supreme Father Supreme Soul once again took the support of the same souls, whom He had chosen in the beginning (in the year 1936-37), in order to complete His unfinished task of establishing heaven on this world. The same partner, the first mother and the mother who was a close relative [of Brahma Baba], through whom the task of the Supreme Soul began, and who died before 1946-47, become the members of the Brahma Kumaris institution once again in their following birth or in another body with different name and form. The soul of the partner is reborn in **Kayamganj** tehsil of district **Farrukhabad** (Uttar Pradesh, India). The first mother is born in **Delhi** and the mother in close relation becomes a Brahma Kumari in **Ahmedabad** (Gujarat) and later becomes the in charge of the Brahma Kumari service centers in Africa. (**Note: -** This statement mentioned above is the belief of all the students at **Adhyatmik Vidyalaya**, based on the murlis and avyakt vanis narrated at Mount Abu.)

In the year 1969, in the **Paladi service center** at Ahemdabad, that BK sister became an instrument to narrate the primary (basic) knowledge that is propagated by the Brahma Kumaris institution, to that person from Farrukhabad, but she was unable to clarify his doubts regarding the knowledge of God. Even the senior brothers and sisters living at the headquarters of the institution failed [to clarify his doubts] and that Brahma Kumari, in order to clarify his doubts, gave him the printed copies of all the murlis of knowledge narrated by the Supreme Father Shiva through Dada Lekhraj Brahma.

The Supreme Father Shiva had already started entering the body of that person from Farrukhabad in secret, from the year 1969, but he was unaware of it. While deeply studying the *gyaan* murlis of the Supreme Father [and] because of the entrance of Shiva, the Point of light in him, he not only found an answer to his doubts, but the deep secrets hidden in those murlis [i.e.] Brahma's vani also started to become clear in his intellect. After the year 1969, he developed complete faith on the corporeal role of the Supreme Father Shiva and also the beginning, the middle and the end of the world. After that, he started narrating the knowledge that he had obtained from this study, to the Brahma Kumar-Kumaris from the year 1976 (the year of the Father's revelation). Neither the Brahma Kumari sisters nor the so-called senior brothers and sisters of the institution accepted his explanations and they tried to stop him from doing so by every means. But the Supreme Father Shiva certainly had to be revealed in the world.

Based on the knowledge narrated by him, some Brahma Kumar-Kumaris at the service centers located on the banks of the river Yamuna, in Delhi, they gained faith that the knowledge was not the knowledge narrated by some human being, but it was the knowledge of God narrated by the Supreme Father Shiva Himself (through his body); the world transformation will be brought about only through that [knowledge]. In this manner, the revelation of the permanent chariot of the Supreme Father started to take place in the *alokik* Brahmin world in the year 76, in Delhi. Based on the knowledge of God narrated through this permanent chariot, the Brahma Kumar-Kumaris started to think that the Supreme Father Shiva Himself was playing the role of Prajapita (Shankar), the one who had sowed the seed of knowledge in the intellect of the junior mother, the senior mother and Dada Lekhraj in the beginning [of the yagya] (the year 1936-37) and now in the end, by giving the explanation of the murlis narrated through the mouth of Brahma in the form the Teacher, He is giving the inheritance of the imperishable happiness and peace again. Besides, the maiden born in Delhi who had played the role of Adi Devi or Jagadamba or Aadi Brahma in the form of the mother, is once again playing the role of Jagadamba or Brahma (the senior mother) now. Actually, it is the soul of Dada Lekhraj Brahma that enters her and plays this role. And the mother in close relation [with Brahma Baba], who plays a role in the beginning and end, who, in her previous birth, had become an instrument for giving sustenance to God's family for some time between the year 1942-47, will become an instrument in spreading the advance knowledge throughout the world in the form Vaishnavi *devi*, in future. Along with Prajapita, she will play the role of giving sustenance in the form of **Vaishnavi** *Devi* or **Vishnu** (i.e. Lakshmi-Narayan) before as well as after the destruction.

In this way, the above mentioned three souls themselves become the instruments in the form of Brahma, Shankar and Vishnu, for the three divine tasks of the Incorporeal Supreme Father Shiva: 'the establishment of the new world, the destruction of the old world of Brahmins (Brahmakumari Vidyalaya) and the sustenance of the new divine world', respectively, in the beginning as well as now, in the end.

World Drama Wheel:-

From ancient times, human being has made a lot of effort to know the events prior to his birth and after his death and has described it in many ways. Actually, according to [the knowledge given by] the Supreme Father Supreme Soul, this human world cycle is a wonderful drama of the souls and nature, which repeats after every 5000 years. In this world cycle of 5000 years, every soul comes on this stage like world, takes on this cloth like body and performs different roles.

This world drama has been chronologically divided into four ages: Satyug (the Golden Age), Tretayug (the Silver Age), Dwaparyug (the Copper Age) and Kaliyug (the Iron Age). The duration of each age is 1250 years. The Golden and Silver Ages together are called 'heaven (swarg)' and the Copper and Iron Ages together are called 'hell (narak)'. Heaven and hell exist on this earth itself, and not somewhere in the sky or the nether world. Since there is one religion, one kingdom, one language, and so on, since there is no body consciousness in the Golden and Silver Ages of the non-dualistic deities, there is always happiness, peace and purity in this world. There was the Ancient Deity Religion (Aadi Sanaatan Devi Devtaa Dharm) in the Golden and Silver Ages, in which every soul was called a *devi-devtaa*⁵¹ (**deity**) because of being complete with the divine virtues. The first Crown Prince and the first Crown Princess of the Golden Age were Shri Krishna and Shri Radhe, who grow up and rule as Shri Lakshmi and Shri Narayan, who are followed by eight successive rulers. After that there is the rule of Shri Sita and Shri Ram in the Silver Age, who are followed by 12 successive rulers. However, there is no Kansa⁵² with Krishna or Ravan⁵³ with Ram in heaven. The *rajopradhaan* stage of the Deity Religion begins from the Copper Age. The deity souls become vicious and sorrowful because of becoming body conscious and hence they start calling out for God. The deity souls (who are now called Hindus) start worshipping Shivling and the other deities. As they do not become completely sinful and sorrowful at once, the Supreme Father Supreme Soul Himself does not come to purify them. Instead of Him, some powerful souls come down who establish peace on earth as per their capacity, but they do not succeed in it completely. First of all (i.e. 2500 years ago) the soul of **Abraham** comes [from the Soul World] and establishes **Islam**. 250 years after that, the soul of **Buddha** establishes the **Buddhist religion**. 250 years after that (i.e. 2000 years ago), the soul of **Christ** comes and establishes the **Christian religion**.

The above mentioned three dualistic religions are certainly established in the Copper Age, but through these four main religions themselves various religions, religious establishments, sects, etc. like **the Sanyas religion**, **the Muslim religion**, **the Sikh religion**, **the Arya Samaj**, **Atheism**, and so on spread in the Iron Age. By the time the Iron Age begins, the Deity Religion ([now] known as the Hindu religion) reaches the *tamopradhaan* stage. Similarly, each soul of every religion also passes through the *satopradhaan*, *satosaamaanya*, *rajopradhaan* and *tamopradhaan* stages from the time of its birth in the world till the end of the Iron Age. When all the souls of this world become corrupt in religion (*dharmabhrashta*) and corrupt in actions (*karmabhrashta*) at the end of the Iron Age, the divine incarnation of the Supreme Father Supreme Soul Shiva Himself, who is the Father of all the religious fathers, takes place. This has been described in the chapter of 'the Trimurti'. The period of His incarnation, [i.e.] the beginning of the Golden Age and the end of the Iron Age is called **'the Confluence Age'**; [it is the time]

⁵¹ Devi: a female deity; Devtaa: a male deity

⁵² Villainous character in the epic Mahabharata; maternal uncle of Krishna.

⁵³ Villainous character in the epic Ramayana who abducted Sita.

when the Supreme Father Shiva gives us the knowledge and the teachings of Raja Yoga to make us souls the highest deities and He gives us the Divine (*Ishwariya*) birthright of *mukti* (liberation) and *jiivanmukti* (liberation in life). The transition period of the other ages can also be called the Confluence [Age], but there (in the confluence of the other ages), the souls experience the stage of descent, whereas only in the confluence of the Iron and Golden Ages, the souls experience the ascending stage; that is why it is called 'the Elevated Confluence Age (Purushottam Sangamyug)'. The four ages have certainly been mentioned in the ancient religious scriptures of India, but the Elevated Confluence Age has not been mentioned in them. If the Golden Age, the Silver Age, the Copper Age and the Iron Age are compared to gold, silver, copper and iron respectively, the Confluence Age is the elevated age like diamond, because in this age, the Supreme Father Supreme Soul Himself incarnates in this world and transforms the souls into diamonds from [being like] cowries⁵⁴. For this, first of all He enters Prajapita Brahma and reveals the first father (aadi pita) and the first mother (aadi mata) (as mentioned in the previous chapters). Moreover, by narrating knowledge through the mouth of Prajapita Brahma, He also makes the Brahma Kumar-Kumaris into the *mukhvanshaavali*⁵⁵ Brahmins of Prajapita Brahma who then become 'deities from Brahmins' through the practice of knowledge and Raja Yoga.

A particular feature of this Confluence Age is that the shooting or the rehearsal of the complete 5000 years takes place in it. This task of shooting or rehearsal continues for approximately 100 years after the incarnation of the Supreme Soul Shiva in the year 1936-37. Just as the souls pass through the satopradhaan, satosaamaanya, rajo and tamopradhaan stages in the drama of 5000 years; similarly the alokik Brahmin family, which the Supreme Father establishes in the year 1936-37 and whose stage He makes satopradhaan, in about 80 years, it passes from the satopradhaan stage to satosaamaanya, from the satosaamaanya to rajo and and from rajo it reaches the tamopradhaan stage. In this way, by the end of the middle of the Confluence Age, meaning from the year 2000 to 2003-04, based on the knowledgeable thoughts, the shooting of the four ages takes place in the Brahmin family created by the Supreme Father Supreme Soul Shiva. In this shooting, all the Brahmins start having doubts directly for the Supreme Father Supreme Soul and His knowledge number wise⁵⁶. Due to the increase in body consciousness, instead of assimilating the divine virtues, such a kingdom of bad traits is established that attempts are made to prove the corporeal chariot of the Incorporeal Shiva itself to be sinful, vicious and corrupt. However, through the divine knowledge of the Supreme Father Supreme Soul and Raja Yoga, the Supreme Father Shiva and the World Mother (Jagadamba) and the World Father (Jagatpita) are revealed again in the end and the entire world of Brahmins is united in one string.

In this way, the foundation of the Golden Age, the Silver Age, the Copper Age and the Iron Age is laid in the Confluence Age itself. Also from the point of view of the population, the foundation of the descent of the souls on earth in the 5000 years drama or their coming in the knowledge is also laid in the Confluence Age itself. The earlier a soul receives the message of God in the Confluence [Age], the earlier it descends from the Supreme Abode in the drama of 5000 years and initially experiences happiness; later, it experiences sorrow according to its actions. For example, about 100 million deity souls had received the message [of God] by the end of the shooting of the Silver Age in the year 1990. It means, those many souls are born on the earth till the end of the Silver Age in the drama of 5000 years.

The general public thinks that the knowledge of the Brahma Kumaris ashram does not match with the scriptures; but it is not so. There is just a need to understand the deep meanings of the murlis. Just as, the duration of the Golden Age is mentioned to be longer than the duration of the Silver Age and the duration of the Silver Age is mentioned to be longer than that of the Copper Age in the scriptures. As regards [to the duration of the ages], in fact, the duration of each age in the broad drama of 5000 years is equal, meaning, it is 1250 years each, but when the

⁵⁴ A small shell; to be worthless.

⁵⁵ Progeny born from the mouth, meaning the knowledge

⁵⁶ More or less, according to the knowledge in them

shooting of these ages takes place in the Confluence Age, the duration of the shooting of each age is different. For example, in the Confluence Age, the 16 years duration of the actual shooting of the Golden Age is longer than the 12 years duration of the shooting period of the Silver Age. And the duration of the shooting period of the Silver Age is longer than the 8 years duration of the shooting period of the Copper Age. Similarly, the topic of the incarnation of God in every age that has been mentioned in the scriptures like the Gita is actually the memorial of the revelation like birth of God at the end of the shooting of the four ages in the Confluence Age. God Shiva certainly does not incarnate in every age in the drama of 5000 years; but He is repeatedly revealed and becomes hidden during the shooting of every age in the Confluence Age. In this way, everything mentioned in the scriptures definitely matches with the great sentences narrated by the Supreme Father Shiva through Brahma in the Confluence Age.

It is clear from the above discussion, how the wheel of the human world rotates and how the foundation of all the four ages is laid in the Confluence Age itself.

Cover Picture No.2 (Lakshmi-Narayan):-

In today's age full of problems, human being does not know the aim of his life. With the help of the scientific inventions, man has made progress beyond imagination; yet he is not satisfied. Modern education does make man [into] a *doctor*, *engineer*, lawyer, scientist, politician or a businessman, but it cannot enable him to experience the true and permanent happiness and peace. In a hurry to acquire temporary happiness and peace, human being either indulges in vices or becomes detached from the materialistic happiness and becomes a *sanyasi* (ascetic). However, true happiness and peace is neither obtained through vices nor through renunciation (*sanyas*). It can be obtained only by [studying] God's knowledge and [practicing] Raja Yoga while leading a household life. Shri Lakshmi and Shri Narayan and their divine creation, who represent this very life full of true happiness, peace and purity have been depicted in this picture. This picture of Lakshmi-Narayan is also included among the four main pictures, which were prepared on the basis of the divine visions of Dada Lekhraj Brahma. The aim of the present human life, i.e. '[transformation] of a man into Narayan and a woman into Lakshmi' has been shown in this picture.

The Point of light, the Creator Shiva and His subtle creations Brahma, Vishnu and Shankar have been shown at the top in the picture. For them, it has already been mentioned in this book that these three personalities become instruments in the three divine tasks of the Supreme Father Supreme Soul meaning, the establishment of heaven, its sustenance and the destruction of the old world. Whereas below the Trimurti the souls who are going to be revealed in the Confluence Age in the form of Lakshmi-Narayan, and Shri Radhe and Shri Krishna who will be born as their divine children in the Golden Age have been shown. The title of the picture: 'The Creators of Heaven (Swarg ke racaytaa)' refers to Lakshmi-Narayan and not Shiva. It is because only the incorporeal inheritance of knowledge is received from the Point of light Shiva in the Confluence Age. In the Confluence Age, the two most elevated souls who assimilate the knowledge of the Supreme Father Supreme Soul to the greatest extent are revealed in the form of Shri Lakshmi and Shri Narayan and when the Golden Age begins after the destruction, the souls of Dada Lekhraj Brahma and Om Radhe Saraswati themselves are born to them as Shri Krishna and Shri Radhe respectively.

In the middle part of the picture, it has been written: 'The deity sovereignty of the Golden Age is your Divine birthright⁵⁷'. It means, just like the mother and the father of the world assimilate the knowledge given by the Supreme Father Shiva in the Confluence Age and become Narayan from a man and Lakshmi from a woman, similarly, every human being can assimilate this knowledge and become a deity in this very birth. But to become a deity in this very birth does not mean that we will receive ornaments, clothes, etc. like Lakshmi and Narayan depicted in the picture. Actually, these ornaments etc. symbolize the divine virtues. The light

⁵⁷ Satyugi daivi swaraajya aapka Iishwariya janma siddha adhikaar hai

shown all around the Confluence Age Lakshmi-Narayan in the picture is actually the light of God's knowledge and of purity but the souls who will be born to them as Radhe-Krishna in the Golden Age are shown just with the crown of light behind their head; this symbolizes purity; it is because after the destruction, the knowledge of the beginning, middle and end of the world narrated by the Supreme Father Supreme Soul becomes almost extinct.

Here, one more topic to be taken into consideration is that the Confluence Age Lakshmi-Narayan shown in the picture will be the World Empress and the World Emperor, because finally, the souls of all the religions of the world will accept them as their mother and father. However, after the destruction, the human world will be limited to just Bharat (India), because all the other religious lands will be submerged in the ocean for 2500 years. After the destruction, Radhe-Krishna, who will be born as the children of Lakshmi-Narayan in the Golden Age, will become the Crown Prince and Crown Princess only for the nine hundred thousand (9 lakh) deities of Bharat, and not for the entire world. Although the same Radhe-Krishna will grow up and take the title of Lakshmi-Narayan, they cannot be called the World Emperor and the World Empress, because after the destruction, most of the souls in the world will have returned to the Supreme Abode. Therefore, the Confluence Age Lakshmi-Narayan themselves are the true Lakshmi-Narayan. The story of this true Narayan (*SatyaNarayan*), who confronts the false topics of knowledge of the false world, is narrated in every house in Bharat even today.

In the Golden Age, every human being will be called a deity (*devi-devtaa*) and he will be complete with all the virtues, complete with 16 celestial degrees, completely free from vices, the one who follows the highest code of conduct (*maryaadaa purushottam*) and will be *double* non-violent. As it is clear from the picture, there (in the Golden Age), the nature will serve its masters, meaning the deities in every way. There will always be a pleasant climate there. There will neither be the fear of violent animals and insects nor of the violent human beings. Neither will there be the need of doctors nor any external means to decorate the cloth like body, because the soul as well as the body, both are pure, beautiful and healthy there.

It has been shown in the picture that Krishna is exchanging gazes with Radhe and Radhe is exchanging gazes with Krishna. In fact, this is a sign of the indestructible and unadulterated love between the male and the female deities (*devi-devtaayein*) in the Golden and Silver Ages. Unlike the present Iron Age situation, there is unadulterated love in heaven. They don't have relationship with many bodily beings. The foundation for this is laid in the Confluence Age itself when the souls who become deities establish an unadulterated relationship with the Supreme Father after receiving God's knowledge. In the middle [part] of the picture, the topic of 'the Divine birthright⁵⁸' has been mentioned. It means, the Supreme Father Shiva makes us into deities in this very birth, in the Confluence Age i.e. He purifies both, our soul as well as the body. In the near future, before the destruction of this Iron Age world, the souls will certainly become pure through God's knowledge and Raja Yoga, but after the destruction has taken place, the bodies of the human beings who remain alive and who are to become deities will also be rejuvenated (*kancan kaayaa*) in the same way as a snake sheds its old skin and acquires a new one.

Therefore, now, when the Supreme Father Shiva is giving teachings of Divine knowledge and Raja Yoga through the medium of Prajapita Brahma in this diamond like period of the Confluence Age, it is our duty that we should also make *purushaarth* (spiritual effort) to become 'Narayan from a man and Lakshmi from a woman' while leading a household.

Cover Picture No.3 (The Kalpa Tree):-

This world in the form of the Kalpa Tree is a unique tree, because unlike the other trees, the seed of this tree is not below, but above. No one else other that the Supreme Father Supreme Soul Shiva, who remains in the stage of being in the Supreme Abode Himself, through Prajapita Brahma is the imperishable and living seed of this tree like human world, and His creation is

⁵⁸ Ishwariya janmasiddha adhikaar

shown beneath Him. The Supreme Father Shiva, who is the Father of the incorporeal souls, speaks through the lotus like mouth of the father of the corporeal human beings, Prajapita Brahma: 'I am the imperishable seed of this world in the form of the Kalpa Tree and just like the essence of the tree is contained in an ordinary seed, similarly, the knowledge of the beginning, middle and the end of this tree like world is contained in Me. When this tree deteriorates, I Myself come, and through true knowledge and Raja Yoga, I sow the seed or plant the sapling of this tree once again'.

This upside down tree has been shown upright in the picture just for the purpose of explanation. At the very bottom of this tree, the confluence of the end of the Iron Age and the beginning of the Golden Age has been shown. When this tree deteriorates at the end of the Iron Age, in order to plant the sapling of the Ancient Deity Religion, the Supreme Father Shiva Himself, who is the Seed of this tree, enters the body of Prajapita Brahma and gives the knowledge of the Gita i.e. the knowledge about the beginning, middle and end of this world, through his lotus like mouth, and teaches Raja Yoga. Jagadamba (the World Mother) and the pure mukhvanshaavli Brahmins, who are also known as 'Prajapita Brahma Kumar-Kumaris or Shiva Shakti Pandav', are created through this knowledge. This very period of God Shiva's incarnation at the end of the cycle is called 'Sangamyug (the Confluence Age) or Gita yug (the Age of the Gita)'. The Confluence Age is followed by Satyug and after that the Tretayug begins; they can be called the Golden Age and the Silver Age of the Indian history, because [at that time], every human being is a deity. It has been said in the chapter on the World Drama Wheel that there is an unshakable, undivided, trouble-free, happy and peaceful empire of the Suryavanshi Lakshmi-Narayan and their successors in the Golden Age, and of the Candravanshi⁵⁹ Sita-Ram and their successors in the Silver Age. There exists only one religion, the Ancient Deity Religion there. It was the system for leading a life full of divine virtues and free from all kinds of external ostentations. Unlike the situation nowadays, religion and politics did not exist separately there. Both the powers (religious and political powers) were only in the hands of Lakshmi-Narayan, Sita-Ram. That's why there was no need of ministers, royal advisers (raiguru), judges and commanders there. There were neither doctors nor advocates there, because there was no trace of vices there. There was only one kingdom, one religion, one opinion, one language and one clan in heaven and this heaven existed only in Bharat or in other words, Bharat alone was the world, because the other continents were submerged in the sea. That Bharat itself is called Vaikunth, Bahisht or Heaven. This period can be called the beginning of the Kalpa Tree.

After that, when the soul conscious deities become body conscious and start following the left path, i.e. when they become vicious, the Copper Age or the middle part of the Kalpa Tree begins. The deities become corrupt in their actions as well as in their religion. These Bharatwaasis (Indians), who forget the creator of the Deity Religion were then called 'Hindus'. At such time, the soul of **Abraham**, a religious father, comes from the Supreme Abode, enters an Indian and establishes Islam. However, because they do not give importance to purity, the followers of this religion are forced to emigrate to the west, where the religious land of Islam, the Arab countries will have emerged from the ocean with the beginning of the Copper Age. After Abraham, many religious gurus (prophets) came. Among them one is Jesus Christ, who established Christianity 2000 years ago. Actually, like Abraham, the soul of Christ also comes from the Supreme Abode and enters a human being (Jesus) to establish its religion. This religion flourishes in Europe, which can be called the religious land of Christians. Meanwhile, here in India, after the initial 250 years of the beginning of the Copper Age, the soul of **Mahatma** Buddha comes from the Supreme Abode, enters the body of a prince named Siddhartha and establishes **Buddhism**. Although this religion prospers in India in the beginning, it soon witnesses downfall here and it prospers in the countries north-east of India, like China, Japan etc. which can be called as the religious land of Buddhism. In the last part of the Copper Age, i.e. 6th century A.D., a religious father arrives from the Supreme Abode to end the religious disturbance

⁵⁹ Those belonging to the Moon Dynasty

and animosity in India. Actually, it was the soul of **Shankaracharya** himself, who enters the body of an 8 year old boy and establishes the **Sanyas religion**. Although, prior to him, the Buddhist monks also left their household and stayed in the 'maths' (monasteries), the male and female monks used to stay together there. That's why they will not be called as complete Sanyasis (monks).

After this, the last part of the Kalpa Tree, meaning the Iron Age begins, when many religions and sects are established within a short period and as a result of this, the human souls start to change from theists to almost atheists. In the end of the Copper Age and the beginning of the Iron Age, while on one hand, Prophet Mohammad establishes the Muslim Religion in the Arab countries, on the other hand, Guru Nanak establishes Sikhism in India (around 500 years ago). In the last 200-300 years of the Iron Age, on one side, Swami Dayanand Saraswati establishes the religion named Arva Samaj in India, and on the other side, Lenin and Stalin establish Atheism or Communism in Russia. Although the communist thinking had originated well before [the arrival of] Lenin, it was actually Lenin alone, who obtained the ruling power at first; he brought an end to the rule of czars in Russia. Hence, he alone is the real founder of Atheism. Apart from this, many small sects were established in the Iron Age. Passing through the cycle of many religions from the Copper Age, human souls become devoid of celestial degrees, devoid of virtues and almost atheists. Then, at the end of the Iron Age, the incorporeal Shiva Himself enters the body of an ordinary human being, gathers chosen souls of every religion from the human world and threads them in one rosary after teaching them Raja Yoga. The Supreme Father Supreme Soul says, 'I Myself come and grant the pot of nectar of knowledge to the mothers and maidens of Bharat who have been tolerating atrocities from the Copper Age.' These shaktis (maidens and mothers) or the Ganges of knowledge (gyaan Gangaen i.e. mothers and maidens possessing God's knowledge) and their partners have been shown as the beads of the Vaijanti maalaa (rosary of victory) in the picture. The Supreme Father Shiva Himself is present in this rosary in the form of the red flower and the first couple beads are the mother and father of this world, i.e., Jagdamba and Jagatpita (or Prajapita) respectively, who are doing their work in this world at present. In this rosary, apart from Atheism, there are nine main souls of the nine main religions; [they are the ones] who become special helpers in the task of the Supreme Father Supreme Soul. That is why, though the followers of those religions fight with each other over [the topic of] various external ostentations, but each of them certainly rotates this rosary. Since Atheism neither believes in the soul nor the Supreme Soul nor the knowledge narrated by Him, they do not receive any place in the rosary.

While the foundation of the Ancient Deity Religion is laid by the incorporeal Supreme Father Supreme Soul Himself, the foundation of the other religions is laid by bodily religious fathers. Since the Supreme Father Shiva is the Creator of this world, He takes the support of Prajapita, the highest among all the human beings, to lay the foundation of the Deity Religion. The other religious fathers take the support of other human beings one higher than the other (numbervaar) according to their individual powers. After establishing their religions, each religious father and his root soul are reborn again and again in their respective religions, and as soon as the Confluence Age begins, the root soul of every religion receives knowledge from the Supreme Father Shiva and become Brahmins meaning the sons of Brahma (Brahmaputra), but the religious fathers of those religions receive the knowledge through these root souls at the end of the Confluence Age. They recognize Him and obtain power [from Him]. And when the root souls of every religion are present in the Confluence Age, definitely, the seed form souls who give birth to them are also present [in the Confluence Age], because the seeds are more powerful than the roots. In this Confluence Age, the Brahmin souls who consider only the basic knowledge narrated through Dada Lekhraj (the titleholder of Prajapita Brahma) as the highest and assimilate it, themselves are 'the root souls (adhaarmurt aatmaayein)'; and those who, along with the basic knowledge also understand and assimilate first the deep knowledge (advance knowledge) narrated through Prajapita Brahma alias Shankar, themselves are 'the seed form souls (biijruup aatmaayein)'.

In this way, this picture of the Kalpa Tree is a unique picture that contains the history of all the religions in the world. By recognizing it, the human souls obtain the inheritance of *mukti* and *jiivanmukti* from the Supreme Father Supreme Soul.

Cover Picture No.4 (The Ladder):-

From the ancient time, learned ones, great souls and philosophers tried a lot to know the secrets of the time before birth and after death of human being. Since Islam and Christianity do not believe in rebirth of the soul, this topic has not been discussed in the literature or the religious books of those religious lands; but in India, rebirth has been accepted for many centuries, so, there is no shortage of literature or books related to this topic here. However, because of just one mistake, the *Bharatwaasis* have forgotten their golden history and their contribution to the origin and development of the various civilizations and religions of the world. That mistake is to think that the soul is born in 84 lakh (8.4 million) species, because of body consciousness. Even then, Bharat has become the land of actions (*karmabhuumi*) of God Shiva because of accepting the theory of God's incarnation and the rebirth of human beings.

The Supreme Father Shiva Himself comes and narrates the story of the many births to the human souls, because He alone is beyond the cycle of birth and death and He knows the past, present and future (*trikaaldarshi*). He comes and first of all removes this misconception [of the human soul being born in 8.4 million species]. [He tells that] the human soul is reborn only as a human being depending on its *karma* (deeds) and is not born as animal or bird. Since Bharat itself is the place of origin of all the civilizations, cultures and religions of the entire world, the Supreme Father Shiva comes and first narrates **the story of the rise and fall of only Bharat**. God Shiva says: "A human soul passes through maximum 84 births in this drama of 5000 years or the world cycle, and does not wander in 8.4 million species"; like it was already clarified in the first chapter.

Now, who is Bharat? Will only the land mass surrounded by oceans and the Himalayas be called Bharat? No. Actually, Bharat is the most elevated soul (or the supreme soul) who represents the Indian civilization and culture. When there is Bharat mata (Mother India), there should also be the father [Bharat] for sure, because in Bharat, only couples [like Lakshmi-Narayan] are worshipped and praised. These mother and father of Bharat themselves were Lakshmi-Narayan at the beginning of this 5000 year drama. So, in this picture, the story of the 84 births of the mother and the father of this world and of us children has been described. In the beginning of the Golden Age, Shri Krishna and Shri Radhe are respectively born as the Crown Prince and Crown Princess to the Confluence Age Lakshmi-Narayan. When they grow up and are engaged to each other (svayamvar⁶⁰), they too receive the title of Lakshmi-Narayan. In this way, apart from the Confluence Age Lakshmi-Narayan, there are eight generations (gaddiyaan) of Lakshmi-Narayan in the Golden Age, which are called 'Survavanshi' generations. However, there is no Kansa⁶¹ along with Krishna, neither the acts [of Krishna] mentioned in the Bhaagvat⁶² nor does the Mahabharata war take place, because there is no name or trace of sorrow and restlessness in heaven established by God Shiva. In fact, all these events take place in a subtle form in the Confluence Age, and in the Copper Age, they are written in the form of stories by sages for the sake of guidance.

The children of the last Lakshmi-Narayan of the Golden Age do not have the fortune to rule, because they did not make complete *purushaarth* (spiritual effort) in the Confluence Age. So, the control of the kingdom comes into the hands of the deities called Shri Sita-Ram and this marks the beginning of the Silver Age and the '*Candravansh*' (the Moon Dynasty). The deities have 12 births in the Silver Age. That is why there are 12 generations of Shri Sita and Shri Ram there. Just like there is no Kansa with Krishna in the Golden Age, similarly, there is no Ravan with Ram here (in the Silver Age). Just like the Bhaagvat and the Mahabharata, the incidents of

⁶⁰ Lit. means public choice of a bridegroom by the bride from among her assembled suitors

⁶¹ Maternal uncle of Krishna in the epic Mahabharata who tried to kill him as an infant because of a prophecy

⁶² A Hindu scripture containing the life story of Krishna

[the epic] Ramayana also takes place in a subtle form in the Confluence Age which is later on written in the form of the story of Ramayana in the Copper Age.

In fact, the kingdom of Ravan, meaning the kingdom of the five vices begins from the Copper Age. In the beginning of the Silver Age, the population of Bharat is approximately two crore (20 million) and by the end of this age it reaches up to 90-100 million. At the beginning of the Silver Age, the deities are complete with 14 celestial degrees, but in the course of having 12 births they lose six celestial degrees. These celestial degrees are actually the various stages of the consciousness of the soul which reduces from the Golden Age till the Iron Age like [the stage of] the moon and increases only in the shooting period in the Confluence Age. The duration of the Silver Age is also 1250 years, but since they have four additional births here, the life span and happiness also decreases when compared to the Golden Age. The Golden and Silver Ages together are called 'the kingdom of Ram (Ram raajya)', because the souls who are revealed in the form of Lakshmi-Narayan in the Golden Confluence Age (Swarnim Sangamyug) themselves also play the role of the first Sita-Ram in the Silver Age.

At the end of the Silver Age when the soul is left with just eight celestial degrees, every soul becomes body conscious to some extent. With this, the period of heaven ends and 'the kingdom of Ravan (Ravan raajya)' or hell or the Copper Age begins. The Copper Age is also of 1250 years and in it, the souls have 21 births. As soon as the deities become body conscious, they become ordinary human beings and because of being overpowered by the five vices: lust, anger and so on, they are stuck in the swamp of sorrow and restlessness. From the Copper Age, most of the actions (karma) become wrong actions (vikarma), because the actions are performed with body consciousness. In this way, a series of karmic bondages starts from the Copper Age which ends at the end of the Confluence Age. Because of the sinful acts, the sorrowful human beings take the shelter of God for peace and happiness from the Copper Age. The souls belonging to the Ancient Deity Religion construct temples at first and start the unadulterated worship of Shivling, the form of the One who transformed them into deities in the Confluence Age. The Somnath temple built by King Vikramaditya at the beginning of this age is the proof of this. Apart from this, the Copper Age Shivlings or naked idols of Shankar have been found in the excavations all around the world. Later, the *Bharatwaasis* start worshipping their own pure forms meaning the Golden Age deities. First, the temples of Shri Lakshmi and Shri Narayan are built and later the temples of Shri Sita and Shri Ram are built. As it is clear from the pictures, those who worship deities as couples wear crowns, whereas those who worship Krishna as a single [deity] don't have the fortune of wearing crowns. This clarifies the disrespect towards the female deities (devi) in the form of the mothers in Bharat and its outcome. Just after a short period after the beginning of the Copper Age, the task of creating scriptures such as the Bhagvad Gita, the Vedas, the Upanishadas, the Ramayana, the Mahabharata and so on is started by the sages in Bharat. Just like it was explained in the picture of the Kalpa Tree, the establishment of the other religions also begins from the Copper Age. Since this picture depicts only the story of the 84 births of Bharat, the origin and development of the other religions is not being discussed here. The arrival of the foreign invaders and their bad effects on Bharat begins from the Copper Age itself. First of all, the *Bharatwaasis* forget the very name of their religion and the name 'Hinduism' given by the foreigners becomes popular.

With the beginning of the Iron Age, *bhakti* (worship) also becomes adulterated in Hinduism. It means that from the worship of one God Shiva at the beginning [of the path of *bhakti*], now (in the beginning of the Iron Age) it changes into the worship of thousands and millions of deities (*devi-devtaayein*). The worship of deities with animal forms as well as the worship of trees, plants and even the non living things also becomes popular. The situation reaches to such an extent that even the worship of bodily beings [with their bodies] made of five elements begins. Along with the adulterated *bhakti*, blind faith, improper practices and meaningless customs and traditions also spread in the Indian society. To worship [the idols of] the deities grandly and then to immerse them in water is also an example of such meaningless traditions. With the downfall of religion in Bharat, the downfall of human being's character also

reaches its climax by the end of the Iron Age. Most of the human beings become corrupt in their religion, actions and they become atheists. Both the religious power and the political power degrade. In the Iron Age, the human souls have 42 births. That is why, on one side the population increases and on the other side, the lifespan decreases. Diseases, sorrow and restlessness increase. Bharat, which was called 'the Golden Bird' once, reaches the stage of seeking financial help from other countries and international institutions. When the Vedas, scriptures, gurus or religious fathers are unable to stop this downfall of the world in general and Bharat in particular, the Supreme Father Shiva has to incarnate on the land of Bharat in order to uplift the world.

At the end of this 5000 year drama, God enters the body of an ordinary, aged man and through the knowledge of the Gita and Raja Yoga, transforms Bharat into heaven, where the elevated souls of the world who recognize God and become pure, gather. The period of God's incarnation is called 'the Confluence Age'; at its end, after the destruction, all the religious lands except Bharat are submerged in the ocean for 2500 years. After the massive destruction, majority of the souls suffer punishments, [thus] become pure and return to the Supreme Abode along with that Incorporeal One; but some elevated souls are left in the land of Bharat who commence the divine world. These 450 thousand (4.5 lakh) seed form souls along with their children, have complete 84 births but the souls that descend from the Supreme Abode later, have fewer births according to the time [of their arrival]. Along with the spiritual downfall of Bharat, the world also degrades. However, in comparison to [the people of] Bharat, the foreigners do not become much sorrowful and sinful, because their role begins in this world from the Copper Age. The extent to which the *Bharatwaasis* become elevated and pure in the Golden Age, they become corrupt and sinful to the same extent at the end of the Iron Age. That is why at the end of the Iron Age, when the massive destruction takes place, the foreigners will leave their body in few seconds, without experiencing much pain because of the destructive power of the atom bombs, but the *Bharatwaasis*, who have accumulated more sins, will return to the Supreme Abode after experiencing sorrow and pain for a longer time and after burning their sins in particular through [the sorrow caused by] natural calamities and civil wars. But in the middle of this frightening display, the *alokik* family of the Supreme Father Supreme Soul will experience super sensuous joy and peace in the same way as it is famous in the story of the devotee Prahlad⁶³.

The souls who understand the words said by God Trimurti Shiva will become pure and they will again be transformed from human beings to deities and make an auspicious beginning of the Golden Age heaven in Bharat, but those who remain ignorant ever after recognizing [Him] and do not destroy the burden of sins through the method of Raja Yoga, will destroy their sins through atomic war, world war, natural calamities, violent wars, (punishments from Dharmaraj) and so on, return to the Supreme Abode and [then] come [to this world] at their time to play their roles again in the next cycle. In this way, this story of the 84 births of Bharat is repeated every 5000 years.

Om Shanti

The Trimurti God Shiva says:

• Come and listen or understand the good news about how the unlimited Father, the Ocean of Knowledge, the One who purifies the sinful ones, the Giver of true liberation, God of the Gita, Shiva through Prajapita Brahmakumar-kumaris is once again transforming the completely vicious, corrupt, sinful Iron Age world (of Brahmins) into the completely vice less, pure, righteous (divine) Golden Age world. (Mu. dated 25.10.66, middle of pg.1)

⁶³ In Hindu mythology, the son of demon Hiranyakashyap and a firm devotee of Lord Vishnu

<u>Note:-</u> In many cities, town and villages in India and abroad, members of the spiritual family run the Gita temples and true schools of the Gita, where the Divine knowledge and Raja Yoga are taught. Their addresses can be found out from the following spiritual families in various states all over India.

- <u>DELHI</u>:- A-1, 351/352, VIJAYVIHAR, RITHALA PO., NEAR ROHINI SEC. 5, DELHI-110085 (0)9891370007, (0)9311161007
- <u>FARRUKHABAD</u>:- 5/26A, SIKATTARBAGH, FARRUKHABAD DIST.- 209625 (U.P.) (0)9335683627, (0)9721622053
- KAMPILA:- NEHRU NAGAR,GANGA ROAD, VILL/PO. KAMPILA, FARRUKHABAD DIST.- 207505 (U.P.) ﴿ (0)9389079293
- <u>LUCKNOW:</u> S/99, CHANDRAMA MARKET, BHOOTNATH MAIN MARKET, INDIRANAGAR PO., LUCKNOW 226016 (U.P.) ★ (0)9369439863
- <u>KOLKATA</u>:- C.L.-249, SECTOR-2, SALT LAKE CITY, KOLKATA-700091 (WEST BENGAL) (0)9330417213, (0)9883654481
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