

Disc. No.1858, Extracts**Time: 26.10-28.30****Student:** Baba, the Father comes and gives the kingship of every religion, doesn't He?**Baba:** When the Father comes, then the task of giving kingship to every religion is not performed by the Unlimited Father, the Father of the souls. He gives kingship only to those who become souls. The people of which religion become souls? Do the *Suryavanshis*, the *Chandravanshis*, the *Islamvanshis*, the *Christian dharmavanshis* or *Baudhi dharmavanshis* become [souls]? Who become 100 percent pure souls, in whom there is no trace of body consciousness? The *Suryavanshis*. He gives **them** the kingship of 2500 years. As regards those who don't become souls, those who remain body conscious, who gives them the kingship? The Father with body consciousness. All the human beings are body conscious. So, who is the Father of the human beings? Prajapita. So, the body conscious ones continue to receive kingship from Prajapita from the Copper Age onwards. The Father Shiva does not give them kingship. That is a vicious kingship. What? Is it a violent kingship or a non-violent kingship? It is a violent kingship. Wage a violent war and if you win, rule.**Student:** So, the *shooting* of atheism would also take place during the *shooting period*, wouldn't it?**Baba:** Yes, it does.**Student:** How do the Father and the children take part in the *shooting period*? How does that happen?**Baba:** Will the task of the Father Shiva to establish the *Suryavanshi* and *Chandravanshi* capital be completed or will it remain incomplete in 2028?**Student:** It will be completed.**Baba:** It will be completed. So, the task of the Father Shiva is over. Will the Father Shiva make some children equal to Himself before going or will He go just like that?**Student:** He will make them equal to the Father.**Baba:** So, there are some children who become equal to the Father. What? They also become those with an incorporeal *stage*. While living in the corporeal body, they also attain an incorporeal *stage*. So, will the corporeal founders of other religions also come to salute or not? They come and obtain their individual inheritance as per their individual *purusharth*.**Time: 53.00-55.10****Student:** Baba, how can we *control* the breath?**Baba:** When you experience deep remembrance [of Baba], then try to feel whether your inhalation and exhalation becomes slow or fast.**Student:** It becomes slow.**Baba:** Do you inhale and exhale more when you heart beats or do you inhale and exhale more when you feel comfortable?**Student:** When the heart beats.**Baba:** When the heart beats, then do you inhale and exhale little or a lot?**Student:** A lot.**Baba:** When the *stage* is *normal*, the inhalation (*shwaas*) and exhalation (*prashwaas*) takes place comfortably. So, the power of yoga is such thing. Because of lack of the power of yoga in the world, their heart will beat a lot and our heart will become stable. The *heart* of those with the power of yoga never *fails*. Their inhalation and exhalation will become very slow. When the inhalation and exhalation becomes slow, the poisonous air of the atom bombs will not go inside them much. We will eat and drink very little. If you eat more, do you become

more vicious or vice less? You become vicious. Emperor Nizam had 500 queens. How much did he used to eat? When he used to have breakfast, a big bunch of ripe bananas used to be kept in front of him; he used to eat up the entire bunch quickly in breakfast. When his breakfast itself was so heavy, then how much lunch must he be having? He had a big stomach. To eat more food, to sleep more is the indication of vicious people. To have little sleep, little food, even little excretion, to have slow inhalation and exhalation is an indication of the yogis.