

Short No. 23, VCD - 2589

Topic - You shouldn't even give sorrow to yourself

If you didn't give sorrow to others [but] hurt your own heart... that's it. You kept generating wrong thoughts, you didn't remember the Father and forgot [Him]. So, to hurt your own heart, it is to give sorrow to the living being, isn't it? The living soul became sorrowful, didn't it? And the living soul is certainly connected with the Supreme Soul. The living souls receive the entire power only from the Supreme Soul. So, when the living soul becomes sorrowful it is as if the heart of the Supreme Soul is hurt. You gave sorrow, didn't you?