

Short No. 31, VCD – 560

Topic - A remedy to escape the five vices

If you consider yourself (to be) just a soul and practice it firmly then even lust cannot trouble you. You consider yourself (to be) a body then because of body consciousness lust emerges. By thinking yourself to be a body, anger emerges, greed emerges, attachment emerges, ego emerges. If you consider yourself (to be) a soul and also see the others as a point of light soul then the 5 vices cannot enter. Now the Supreme Soul Father comes and makes [us do] this practice.