

**Short No. 717, Disc. No. 1086**

**Topic - The tactic to not distress others**

**Student's question:** Even if we tell someone the truth, they feel unhappy. Will we accumulate sin by it?

**Baba:** If it is a petty issue and some take it [to the heart] making it a big issue; some have the habit of making a sesame seed into a palm tree, a mountain out of cotton. But it **is** cotton, it **is** a sesame seed. When it is a seed, a seed is small. A big tree grows only from a small seed. So, even this should not happen. It is a good thing to speak keeping in mind others' feeling, isn't it? This is why Baba has said, 'speak less, speak softly, speak sweetly'. Even if it is a petty issue that can give sorrow, the manner of speaking should be such that you say it very sweetly so that he bursts into laughter.