

**Short No. 8, VCD - 297**

**Topic - Why don't negative thoughts stop?**

Why don't we have good thoughts? Why do we start having *negative* thoughts? Why does the *reel* of the *negative* thoughts rotate? (Student: it is the karmic account of our previous births.) It is the karmic account of our previous births; so, continue to have them! *Arey*, we certainly know that we will be harmed by generating *negative* thoughts [and] we will be benefitted by generating *positive* thoughts. So, we should generate *positive* thoughts for ourselves as well as for others. If we continue to generate *positive* thoughts, we will be benefitted and the atmosphere will be improved. So, why don't we *change* it? (Student: weakness.) What weakness? We don't have determination. We stay careless.