

# **MARYAADAA PURUSHOTTAM SHRI RAM – RAMANAVAMI**

Everyone knows that ‘**Shri Ram**’, the hero of the story of Ramayana is *Maryaadaa Purushottam* (highest among the souls who follow the code of conduct), but if they are asked, ‘how did Shri Ram become *Maryaadaa Purushottam*?’, probably, many human beings will be surprised. Just like there is definitely someone behind every successful person of the world, someone will have definitely made Shri Ram, the best among all the human souls into that. He isn’t anyone else; He is the **Supreme Father Shiva** Himself who is known in other religions as *Ishwar, Omkar, Allah, Khuda*, God the Father and so on. According to [the word] ‘*Praveshtum* (chapter 11, *shloka* 54)’ in the Gita, that incorporeal Supreme Father Shiva enters some corporeal human body for whom it is said in the Gita: ‘*Tvamaadidevah purushah puraanaah*’. It means, he is the first, ancient man who is praised in every religion as *Aadam, Adam [or] Adinath*. So, the incorporeal Shiva gives this highest knowledge to that *Adidev*, the first man who is the best among all the human souls. He practically imbibes it completely in his life, follows the code of conduct mentioned by God and is called as ‘*Purushottam Ram*’.

In the Ramayana, it is said that **Ravan** took an army of human beings and Ram took an army of monkeys. So, is it that Shri Ram didn’t find human beings in reality and he had to take an army of monkeys? Actually, it isn’t about animal monkeys. The very intellect of the human beings today has become vicious like that of the monkeys. Shri Ram comes and makes those very human beings with a monkey like intellect into the deities worthy to be worshipped in the temples. That very Ram establishes the kingdom of Ram in the corporeal form which is famous as the place where ‘*Daihik, daivik, bhautik taapaa; Ram raajya kaahuu nahi vyaapaa*’, meaning, there is neither sorrow of the body nor the fortune is bad. ‘*Bhautik taapaa*’ means neither the air blows violently nor there are earthquakes, so that all the houses start falling and all the people are dispersed. There the nature also gives happiness. In fact, in the kingdom of Ram, even a lion and a goat drink water on the same banks; the atmosphere is so pure that even the violent lions don’t commit violence. In the kingdom of Ram, as is the king so are the subjects, i.e. the king sustains the subjects like he sustains his children and the subjects look at the king as their father. Is Ravan who kidnaps Sita present in that kingdom of Ram? Actually, because of becoming body conscious from the Copper Age, we, **Sita** in the form of human souls were imprisoned in the *shok vatika* (the garden of sorrow) of Ravan in the form of five vices. The Supreme Soul Shiva enters the physical body of Ram and teaches him easy Raja yoga, meaning the art of conquering our *indriyaan* and also explains the ‘*Lakshman rekha* (the line drawn by Lakshman to protect Sita)’ of the limits of God; by staying within it, we stay safe from Ravan in the form of vices. Now itself, the part of Ravan, meaning Ravan who gives ten directions is going on in practice, so Shri Ram is also performing his task in practice to kill Ravan and he is establishing the true religion after destroying this vicious world of Ravan. There is nonviolence, truth, love, happiness, peace and prosperity in that kingdom of Ram. The kingdom of Ram is famous to exist in the Silver Age; when eight births in the Golden Age are completed, Ram has his ninth birth in the Silver Age. ‘**Ramanavami**’ is celebrated in this very remembrance. Now, we should recognize Ram who has come in the corporeal form and try to make our life fruitful through easy Raja yoga and the knowledge of God taught by him.

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