

**VCD No. 3805, Dated 25.11.2021,**  
**Clarification of Night class 17.12.1968**

The night *class* of the 17.12.1968 was going on. In the end of the middle part of *page* two, the topic being discussed was: the sweetest death is through *heart* failure. There isn't much pain, etc. and there isn't the need to be hospitalized either. [The victim] just falls and everything ends. He faints [and dies]. It is a very easy death. Human beings cry and weep and you will certainly become happy. You will say: *vah, vah!* This one died very easily. He didn't suffer sorrow at all. If someone has to die, that is how it should be. Otherwise, medicine, treatment, sorrow, pain, *nurse*, this, that... there is a lot [of that], isn't there? Rather, to leave one's old shoe just like that [and] attain the *karmaatiit* stage, to leave [the body] like that is the best. You won't fall either. You will see in future that this will happen: *bombs* will fall anytime. And [people] will simply fall dead. And here, it certainly isn't about falling either. Here, just while sitting... and like some feel happy. They do, don't they? Sometimes, death is easy. [People] see, this one is awake, he is happy. No one will be able to guess that he is lying dead [or] he is unconscious. No. He is unconscious in such a way that [it seems] he is just sitting. Children, there should be some indication, shouldn't there? The soul leaves happily, doesn't it? The happiness in the soul will also be visible on his face externally, won't it? The soul certainly doesn't perish, does it? The soul in fact leaves the body. So, the soul leaves the body very happily as if laughing. So, it is called, 'attaining the *karmaatiit* stage with the physical body'. Night *class* dated 17.12.1968, *page* three. So, those who die because of *heart* failure can attain such a high position. You children will also depart [your body] in the same way. You don't care for the body at all. You mustn't remember anything else at all. That will be called, leaving the body in the sweetest [way] automatically. This is why, the example of a snake is given. The same thing happens in the Golden Age as well, doesn't it, children? They (deities) leave their body happily.

So, the *practice* will start from here. The *practice* will keep continuing till the end. You remember the Father. And the Father is so *sweet* that in English, He is called the *Most Beloved*, the Dearest. A father will never be called the dearest. This Unlimited Father will be called the Dearest. So, He will be called the Dearest, very sweet, won't He? Will anyone else be called that apart from the Unlimited Father? But if someone does, it is as if he says it like a parrot. Understood? In their intellect, accurately... they don't know His *occupation* at all, do they? You certainly know His *occupation*. This is why, you call Him 'the *Most Beloved*, the Dearest'. People can't be called the Dearest Supreme Father, Supreme Soul. Then look, the better thing is remembrance. You should in fact remember Him a lot. Why? *Arey* daughter, I am your Father, *Teacher* as well as your Guru. *Accha*, if not the *Teacher*, you can at least remember the Father, can't you? Suppose, you can't remember the Father, it was said, still you have to accompany the Father, don't you? Baba is certainly the *Guide*, isn't He? A *guide* is called *panda* (in Hindi), the one who shows the path. So, this *Panda* is very *light*, absolutely [light]. He is the One who liberates [you] from sorrow and the One who takes you to the Abode of Peace. And after the peace, there is the Abode of Joy. So, you have received this grass of knowledge. Then, keep churning the ocean of thoughts on it. Whenever you find some free time, keep doing it. The example of a cow is given for it. She eats it and then keeps chewing it. Now, there isn't the need for you to use your mouth. You just have to remember everything within yourself.

I am just like you are. And speaking about me, I get fewer hours than you [to remember Him]. It is because the connection of my intellect goes outside a lot. A letter comes from so and so. So and so has this and that problem. A letter came. This came, that came. So, my intellect in engaged there all day long. Yes, this is true: compared to all the children, it

(remembrance) is easier for Baba who is sitting beside [Him]. Despite sitting beside [Him], when he sits to have food, he says: *accha*, let me remember Baba. And I will remember Him for two-three minutes and then forget Him. *Try* and see for yourself. And it isn't that he will do something or the other and manage it on *time*. No. If you see the following day, nothing; it will vanish. The easiest thing is to try. It is because it will certainly take *time*, won't it? *Accha*. Remembrance, love and *good night* from the heart and spirit, love and affection from the Spiritual Father and *Dada* to the sweet, long lost and now found children. *Namaste* of the Spiritual Father to the very sweet, long lost and now found spiritual children. (Om Shanti.)